

THI-SHOW TRANSCRIPT 2024-03-28

Yes there is a great uprising not only in terms of THI and the blueprint, but people globally are uprising. We are making giant strides everywhere and we must keep our pedal to the floor, so to speak. I hope this is providing all of those involved in the Blueprint the hope and excitement of making a difference in the world. So many coincidences, incidents and reports now are pervading all forms of media, that much of which has come out of our shows. That fact is undeniable now, even to the skeptics. This week marks the one year anniversary of the launch of the full Blueprint shows. That took place on March 21st, 23rd and 25th. We have come a long way since those solutions were read out by myself and a number of the members connected to the village.

The Blueprint Episode 18 Teams Report weekending 24th March 2024

The Agenda:

There was a lot of topics to cover this week in the blueprint action meeting. Some of which covered decision making concerning other ongoing projects like the youTHInk different website, which was due to launch soon. But with so much traction now behind the blueprint itself, we have decided to shelf this launch to a more suitable time. This led into prioritizing jobs that had previously not needed as much attention, but now will need manpower to ensure nothing gets missed within email communications and contacts coming in from outside the main groups, as some members are receiving feedback also. The hard work is paying dividends. How we pull this together means we have to future think all scenarios, so we tick all the boxes. Working internationally also plays a part, as some members are in different time zones so who does what and why is also a factor in covering all avenues. There was also a discussion on writing legislation based on the blueprint solutions. With a possibility Truth, Honor and Integrity act coming to being. The idea behind this is we can then put this proposal forward to any leaders that may contact us in the future. We need to also show anyone contacting us that we are more than just the main Blueprint Solutions they read in the book or the PDF. We are future thinkers and have many layers behind the Solutions to openly discuss with any organization or group that may come to us in the near future. Our focus now is to be ready for those newcomers. Thinking bigger is pushing us to certain realizations of just how big this can and will become, having the deeper discussions is an imperative part of preparation for all avenues of exploration. We have now entered the external arena, how we present ourselves is down to us.

Book Team Report:

The Dutch translation of the Sacred Divine Masculine and Sacred Divine Feminine booklet is ready for the web team, after much debate and consultation concerning the translation of the title. The team was reminded that what works in one language simply does not work in another. The Bulgarian translation of From His Story to Our Story Volume 3 has begun. Because of factors outside the team's control, editing of

From His Story to Our Story Volume 4 is progressing slowly. In the meantime, initial preparation of From His Story to Our Story Volume 5 has begun. The Swedish translation of the Blueprint is in final proofread. And changes to the Blueprint pricing are in the works, needing only information pertaining to the barcode requirements.

Research Team Report:

It was another great work party focused on getting banks of reports prepared in advance to accommodate 3 team members upcoming absences of several weeks each. Due to those travel schedules, we are cancelling our April 7th meeting. Priority on our work tasks is providing an additional 20 names from Congress and the bloodline families to receive the books to be mailed by Thomas. The message was received via the new BE forum by the alert Book Team lead. That shows us how effective the site is already. For the bank of reports, we were able to determine enough influencers to contact during the next 2 weeks, which will accommodate smooth reporting flow for the two April BP Shows - #19 & #20. The full team will be back together by April 25th. The new Teams Coordinator asked our opinion on using Linked In for outreach. Our collective decision was to suspend using any energy there. Repeated research for influencers there clearly indicates they rarely post anymore, many as long ago as 2 years and only as current as the middle of last year. We consider that source a definite dead-end. Our Web Team representative gave us an uplifting report regarding the BE website. He felt it is very encouraging that there have been so few problems with a very complex new system. MaryAnn facilitated group clarity by explaining that the THI space on the forum continues the opportunity to chat and share inspiring links, while the other forums are collaborative work groups. The current contact statistics are that through the fourth quarter of 2023 there were 38 books mailed and 45 PDFs E-mailed. In this first quarter of 2024, there were 1,104 more PDFs E-mailed. The totals are 38 books mailed and 1,149 PDF's E-mailed. We are preparing the mailing addresses list for 20 more books to go out. On the topic of progress on X-Twitter, our Portugal member, Steve, is supporting the Social Media Team by interacting with the Blueprint Team's posts to build the algorithm. He personally follows 1,805 people and regularly scans his feed for where Blueprint related posts can be effective. For example, Robby Starbuck has made a film, The War on Children, which exposes how pedophiles recruit and groom children. That was a good place to share The Pedophile Solution.

Now for the list of who received the PDF since the last show. There were 47 recipient successes. Our creative French member, Brigid, found 31 French Eco-Villages.

The French PDF was sent by email from our blueprint website.

Le Hameau des Buis

Oasis Bardol

Le Cammas Blanc

Écolonie

Le Moulin de Busseix

Etopia

Douceur et Harmonie : Domain Maman Terre

La Maison Autonome

Éco-lieu Jeanot

Argoumbat

Cat Farm

Oasis de Lentiourel

Néo-Village Terra Nostra

The Northern Lights NPO

La Forge du Vallon

Collectif Mongrenier Ecovillage Les 3 sources

Le Mallouestan

ALMA Ecovillage

La Vie Tara Sustainable Living Group

Autonomy project at Tierra del Corazon

EcoVillage de Pourgues

Oasis du Coq à l'Âme

Les Chardons

Communauté de l'Arche de Saint-Antoine

Aerium

Baka Delirium Eco-Village

Ecovillage Sainte Camelle

Ferme de la Chaux, Goshen

Douceur et Harmonie : Domain Maman Terre

18 Names of Canadian Politicians in Territories and Provinces sent the PDF by email by Allison:

Yvonne Clarke, represents Porter Creek Centre in the Whitehorse area. She was previously the President of the Canadian-Filipino Society and Chairman of the Yukon Advisory Council on Women's Issues. A member of the Yukon Party, she is currently serving in the 1st Session of the 35th Yukon Legislative Assembly that just convened on March 7th, 2024.

Bobby Anavilok, Represents the constituency of Kugluktuk in the Nunavut 6th Legislative Assembly. A former Vice-Chair of the board of directors of the area's Hunters' and Trappers' Association, he teaches traditional skills to youth as a volunteer.

Sheryl Yakelaya, represents the constituency of Dehcho for the Northwest Territories 20th Legislative Assembly. She was educated as a Business Administrator and served as a board member for the Native Women's Association and is concerned about Indigenous Community Wellness.

Susie Dillon, 250th Legislative Assembly of Prince Edward Island, their first meeting was on July 7th, 1773. Susie represents District 11 of Charlottetown-Belvedere where she spent 28 years working as an educational assistant with the public schools.

Paul Dinn, Member of the Legislative Assembly of Newfoundland and Labrador representing Topsail-Paradis since 2019. Paul and his wife are active volunteers in their community. He has worked for over 30 years in public service and served as Deputy Mayor in the Town of Paradise. He supports community involvement and building a district for the people.

Jean-Claude D'Amours, of the Liberal Party, serves in the 3rd session of the 60th Legislative Assembly of New Brunswick, Edmundston-Madawaska Centre riding and has been twice elected (aka mandated). He sits on the Economic Development and Trade Policy committees.

The Honourable Allan MacMaster, currently represents Inverness as he sits as the Deputy Premier and Deputy President of the Executive Council. He is also, Minister of Gaelic Affairs and 13 other minister positions in the 1st session of the 64th Legislative Assembly of Nova Scotia and sits on the Treasury and Policy Board, is Vice Chair of the Assembly Matters Committee and also the Internal Affairs Committee, as well as a member of the House of Assembly Management Commission.

Lisa Lambert, was first elected for Saskatoon-Churchill-Wildwood in the 2016 provincial election and currently serves in the 4th Session of the 29th Saskatchewan Legislative Assembly. She worked thirty years with CTV (Canadian TV Saskoon), held positions on school boards, but now serves as Deputy Whip, Legislative Secretary for the Minister of Parks, Culture and Sports, the House Services Committee, the Public Accounts Committee, the Private Bills Committee, and the Privileges Committee.

Tyler Blashko, represents Lagimodiere, Manitoba at the 1st Session of the 43rd Manitoba Legislative Assembly. His life work has been with high school students. His master's degree was in public administration. He was previously the President of the Social Planning Council of Winnipeg.

Chelsae Petrovic, is serving her first elected term in the 1st Session of the 31st Alberta Legislative Assembly for the Livingstone-Macleod area. Before joining the Assembly, she worked as a licensed practical nurse and as the mayor of Claresholm, Alberta.

Tom Shypitka, is a former financial advisor. He was first elected for Kootenay East in 2017 and is currently representing them in the 4th Session of the 42nd Parliament, British Columbia Legislative Assembly. He now serves as the Shadow Minister for Mines and Low Carbon Innovation. Add to his credentials that he was a three-time provincial curling national champion and still volunteers with local charities and youth sports programs.

Natalia Kusendova-Bashta, sits in the 4th Session of the 43rd Ontario Provincial Parliament. She is the Parliamentary Assistant to the Minister of Francophone Affairs and on Standing Committees for Justice and Social Policy.

Yannick Gagnon, serves in the 1st Session of the 43rd National Assembly of Québec as a member for Jonquiere. He is a member of two committees of Planning and the Public Domain, along with Agriculture, Fisheries, Energy, and Natural Resources.

Members of the Canadian Parliament:

Peter Julian is the House Leader. He is a member of the National Democratic Party and sits for New Westminster-Burnaby in the 44th Parliament of British Columbia. He has been a member continuously since the 38th Parliament with a focus on Internal Economy.

Emmanuella Lambropoulos, was first elected at the age of 26 in 2017 and is currently sitting in the 1st Session of the 44th Parliament. She is a Liberal and represents the riding of Saint Laurent, a borough of Montreal, Quebec. A former teacher, she sits in four committees: National Defense, Status of Women, and the Canada-Africa & Canada-NATO Parliamentary Associations.

Robert Kitchen, is a Conservative sitting for Souris-Moose Mountain, Saskatchewan and is in 12 committees concerned with parliamentary and interparliamentary global health matters. He had a previous career as a doctor of chiropractic. He was first elected in 2015 and is currently still serving in the 1st Session of the 44th Parliament.

Members of the Canadian Senate:

Senator Andrew Cardozo: was appointed to the Senate on the advice of Prime Minister Justin Trudeau in November of 2022. He is a public policy expert of many years involvement bringing his skills development across some 30 economic sectors. He was formerly a columnist for the Toronto Star and also an Adjunct Professor and Lecturer at the School of Journalism and Communication at Carleton University.

Senator Flordeliz Osler: was appointed to the Senate on September 26, 2022. She is an internationally renowned surgeon and dedicated advocate for health and health care. In 2018, she became the first female surgeon and the first racialized women elected as President of the Canadian Medical Association.

Senator Victor Oh: was appointed in January 2013 from the Greater Toronto Area and has been committed to advancing the interests and rights of vulnerable groups, including seniors, youth and migrants. He was born in Singapore and immigrated to Canada in 1978. He has held Vice-Chair positions on 17 parliamentary friendship groups such as Canada-Bulgaria, Canada-Nordic-Baltic, etc.

Concluding the Research Team report is a note that the April 7th meeting has been cancelled and the next meeting will be Sunday, April 21st, 2024.

As you can see by the list of names, we are now tapping into many streams of society with our Blueprint. It is great to see it is now traveling the world.

Handout for Humanity Report:

The Handout For Humanity effort continues. This is a brochure for you to download, fold in half and distribute during your day, at your own pace. Reports are now coming in of members participating, and photos are starting to be posted at Mewe and the new Be. Forum site. We would like to encourage everyone to document with the posting of a photo, or a story being shared in the chat regarding a Handout experience. Such as one member's son giving a copy to his teacher, who acknowledges the public education system needs improvement. Hopefully, the Handout will help this teacher create a better way moving forward. This is a good example of the potential just one Handout can have. The Handout is now available on the New Blueprint for Humanity website where a link can be found for downloading the Handout pdf. We would like to thank all the members who are participating. And if you are not, you are encouraged to do so. Please message David Adams if you have any questions or comments. This is something all members can participate in. It doesn't matter who you can give it to or where you leave it. It is all about planting the seeds.

Media Team Report:

The media team have been working on new strategies, which involve creating different styles of memes. As FHOSTOS is very prevalent in the mainstream now, it is pushing us into taking a new and fresher approach to how we "market" the THI message. Short sharp memes with a question as a hook seem to be working well, so we are now looking at some of the results of that on the accounts and it appears to be having a better affect. This is working well, as it adds a bit of mystery to THI and creates a different level of interest which should also help the sales of the books. We will push three styles of memes, striking memes that get attention but have little text and a leading question. Hopeful memes with the Blueprint that help create a sense of peace and thoughts for a better future with the Solutions. Statement type memes that answer a controversial topic, but also lead the person to want to know more about us, so they then go to the website or just follow us to get to know a bit more about who and what we are. We are also building on ways to attract more followers and feel that the key to that may lay outside of THI, as maybe we have relied on that too much for support and need to think differently on this topic. Some members have opened their own social media accounts and are taking this as a chance to promote the blueprint and THI, it also helps our social media accounts as they share our links this way. It also gives the members a chance to use your voice in your own way to personalize your thoughts, which may be just what someone needs to hear. Sometimes the best way to garner attention is from the people that have benefited from THI, the consumer so to speak, so outside promotion and advertising can be greatly beneficial. One member suggested that those of you with your own accounts could work together by following each other, which means you are not only promoting THI you are gaining followers of your own. As a follow up to this, we have asked members to follow the recent lists of influencers that have by now received the blueprint pdf, and to leave comments on their accounts asking why they have not contacted Thomas for an interview or to get to know more about the blueprint. If they are for the people and really want change, then why are they not promoting our blueprint? This is calling them out and making them accountable to their followers. If anyone wants to get involved with this, please get in touch and we can give you a list of people to follow

and leave comments. We are also pleased to have new people stepping into the media team with their suggestions and creative ideas, we are always open to improvements and growth. As none of us claim to be professional, we are simply learning as we go. Being flexible is important dealing with media as it is a constantly changing machine, it is also good practice for us on a personal level. We grow and expand with each change and each new beginning. We are learning that embracing change is not as hard as it seems, when faced with a wall, do we climb over it or walk through it. After all it was created by our own illusions. We also have created a safe space for this to unfold, as we recognize that it is more than just a media team, it is a place to connect, learn and unlearn. If you have any ideas you want to share with us, please do not hesitate to contact any one of the team or use the new Be platform and join the blueprint group there and leave us a message. We would love to have you. I was relayed a story by one of our members and is showing the outreach of THI and the Blueprint. After one member was talking about being involved in THI with his customer, she turned around and said I know who they are I have seen them on Tik Tok. So we are reaching into the minds of the people outside of THI now.

European Blueprint team Report:

The Euro Blueprint Group works as a team to create a European version of The New Blueprint for Humanity. Which gives us in Europe a platform to come together and create a future that is beneficial for all. We had our first meeting with the Euro Blueprint team and it was well attended. We went through the solutions that need changes and/or editing. We will need to do research about the organizations operating in Europe, like NATO, Serco, MI5 and MI6, the German BND, and others. So, we can write a description about where they are involved, what they are involved in and why we don't need them anymore. This information then can be included in the blueprint. Other important aspects are the role 'Brussels' has and the influence it has on all the EU countries, the role the courts in The Hague play and their way of operating. As Russia is partly a European country, we will endeavor to include Russia in the solutions. We will also focus on the lesser-known countries like Croatia, Montenegro etc., they tend to be dominated by the 'money' countries. We can make an appeal to them; we want input from all, to drive this new way of operating the system. They are just as important, but they are deemed as not being important, treated as puppet states to the 'money' countries. We spoke about schooling and the curriculum as well. There is already lots of data available, also in the shows, in the mystery sections and we got some more inspirational ideas for a curriculum, to expand upon. We will divide the tasks ahead amongst us. What is being asked of us is critical thinking and coming up with solutions, all of that is being creative and the more creative we are, the higher the vibration rises.

Canadian Blueprint team Report:

At the first meeting to initiate a Canadian version of the Blueprint, members of THI Canada discussed the differences between the situation in America versus that in Canada. It was noted that constitutional conventions are springing up across the country, with intent to fill the void that many have become aware

of, with no real constitution and no valid governing bodies in existence, just corporations surreptitiously put in place, under the U.N and The Crown. Of particular interest is a new idea circulating: a counter to U.N. Agenda 21/2030, that is filtering into the public consciousness and may find a place in our Blueprint. Also discussed was the lack of transparency and accountability in matters of law, inequality in terms of application of law and marginalization of some groups, and the issues that arise because of the common use of “case law” in courts. A copy of the first, very rough draft of the Canadian version of the Blueprint has been posted and Canadian members are asked to look it over and provide their own ideas so that we can move this forward.

In overview:

It really feels great to be part of this great change, the power behind all the recent shows is very prevalent now in our meetings. In one short year, we have really launched into things now with a new energetic frequency and that is being felt across the board. The teams have raised their game, and this has created a hive of new activity and a great sense of excitement. We are feeling the rise. It seems every THI show now has the theme of another one bites the dust, yes that song is running around your head now. But also it is the team’s chance to think, when one bites the dust, who replaces them? The answer of course is us. Just how we do this is now the focus, the illusions of the past are all falling down, crashing around us and turning into dust. While this may be showing up in the external, it is actually stemming from us the people breaking down our own illusionary games and smoke screens. The hide and seek with the self is over, and it’s time to let go of the copy of the copy and find our true selves. Hiding behind those illusions, served no one except the dark forces. We showed up every day in their programs and overlays performing their rituals, so they didn’t have to. Whether we knew this or not, we served the wrong master. How we replace those myriads of programs and overlays is now a new task for us to undertake, to help ensure that the Blueprint not only gets seen, but we have what it takes within to change all that lies without. The real chance to change the world is within us all now. Replacing their programs and overlays starts by tapping into the version of you that already is plugged into the universe and has the where withal and indeed the inner knowing and the solutions to bring this to being, preprogrammed if you like for this exact time in history. You are that conduit. The What is series, a truly must listen to on repeat shows, contains the elements we need. It is a real chance for us to do the self-corrections and go deeper into all those shadows that kept us subservient and compliant, and in overview held you down and back from your own true identity. Within you is the better and true authentic self, the real you. The chance to become the master, the higher being you always were. When we go deeper, we go higher, as removing the shadows discards all the trappings, chains and prisons of our own making, that weighed us down. As you unchain yourself, you begin the other work, your own personal rise. “Who are you”, then becomes the leading question, and yes, another song may now be running round your head, but how many times do we ask ourselves the important questions. It is time to find out and be you. We will need many of you now as we move forward, not just those that have already shown up and embraced the roles within the teams. As we expand and grow, seats will and have opened up for those that may have been reluctant to take part. Your part is important, you

may just not think so, so it's time to think different. Never assume that someone knows what you know or has what you have to offer. Maybe your unique way of looking at things or expertise has held us back, because you didn't recognize that it was just as important as those you felt knew better. While things are crashing and burning, we in THI and the blueprint realize that we have the power to replace the old and create the new. In essence, we have been ready and waiting for many, many years for this chance, the rise of humanity is here, it is knocking on your door. The excitement of these new contacts announced in the blueprint shows will bring more sets of eyes to THI and the Blueprint. It is our time to show others what it feels like and looks like doing things differently, doing through the heart and not being led by the head and ego. Our motto of need not greed, caring and sharing, co-operative and not comparative or competitive will soon be the example of how this planet needs to be. Heal the self and we heal the world, yes, another song to end on. So now let's do this together, let's be the change you have always wanted. As each petal opens in the flower of life, let us rise and live together as one. "Cos we are the champions of the world". We are the champions of our own THI world, now is the time to conquer theirs.

This in part plays into Tuesday's epic empowerment show and is an extension of the What is series. This What is the self? Time for a bit of a piece to find out where we are all at, in terms of the self, our surroundings and the collective. Have people done their shadow and inner work? many will say yes, many will lie, not only to others but to themselves also. Do people really not step back and look at themselves and realize, how lying to ourselves is beyond pointless, it is also stupid and yet we do it all the time. The question along the journey of self-discovery is, what is the underlying issue to it? Find that, and you are on your way to correcting it. The key to it all is, self-healing, what? self-healing Thomas, you mean to say we don't need healing machines, pills, psychologists or some new age multi titled, made up label person, to fix me? err no, you don't and that is the key, it all starts with you. Do you want to heal and fix you or are you content hiding behind the mask and living the illusion? except those masks just don't work like they used to, do they? as many are now finding out. The masks are falling rapidly, as the truth waves washes over the planet, in a tidal wave that just keeps rolling, will it stop? not this time. We demanded the truth and the truth is what we will get, in all its, at times, brutal glory. THI members were given a heads up on this in May and June 2015, with regards to shadow and inner work, and late 2016 through 2017 with masks of illusion beginning to fall. I warned in late 2017, was also cut off point for those who didn't choose to awaken to the new world and the new reality, many people beat themselves up over this. But it is not our fault they are not ready, it was their choice to ignore and accept a brutal, cruel, criminal led, fraud laden and heinous crimes world, not ours, those who choose to ignore all those facts it could be argued, have done nothing to help themselves never mind others. Some would ask are they worth saving? But we tried all of us and they rejected it and us. As always when something profound or way outside of the box, of what is considered normal, many choose to ignore it and then rush when another date looms, not this time. We all received many calls to step or stand up, and for the vast majority of people they ignored it. Some will make excuses, well I didn't have a landline or my mobile reception is not good in this area, it was not that type of call people. This was the inner call, it rang out loud and clear, some rose to it, many didn't, a case of most have ears, but not all listen. Thankfully a number did listen and began the work they were

tasked to do, most quietly, many in the background, some up front and some on front line and active. Some have awoken, but there are many still unsure of their role or task, and yet certain people ask, why they are in that role and not them? Because you didn't hear the call or you did and wasn't sure of what to do, you never defined your own sovereignty or tasks ahead. But that is ok so don't be too hard on yourself, the key thing is some did hear and act on the call, if not, I suspect none of us would be here now. The problem in life is bundled into a number of things that are all co-related, apathy, limitation, victim/savior program, non-sovereignty and no personal responsibility, now we can reel off a range of excuses or reasonable reasons as to why those problems pervade throughout society, but the buck stops with us. There is no government executive order stating you have to be all or some of the above, unless that was sneaked into the Paris climate agreement as well. There is no bill stating we should not care for each other, a majority of society caring or actually giving a shit, will solve most of the world's problems overnight. The bigger picture problem on this planet is the lies told to us all, but the lies stuck as people forgot to think critically or future think, and learned only to delve into the past and react to the now. But the past, present and future can all be defined as one and the same. Three planes of existence with one wave undulating through all three layers, so you can be in all three at any given time, don't ask me to explain that more, think on it.

I did a piece the three awakenings, but there is another 6 or 7 that follow that, that get you in full alignment, of not only who and what you are, but also what you can become. Life is all about our emotional and mental states, one or the other being off, will set the whole of you off and unable to gain the next level of development. Emotional states is all about reaction and subsequently how we deal with those reactions. Whether that is anger, rage, envy, insecurity, over sensitivity, projection, upset, melancholy, anxiety, frustration are all emotional reactions we perceive them as external of us, but the key is recognizing it is actually, an internal aspect of us. Someone makes you angry and you rage back at them, is often a common trait to undertake, it feels better some say. Whilst that can be the case is some minor cases, where you have allowed yourself to hold it all in and harbor that frustration and then just let it all blurb out. But most of the time anger and rage is because you haven't mastered your own emotional state. This is where the 45-55 comes into view, being 45 calm and 55 angry is a manageable range, as it doesn't take much to recalibrate. All out ranting, face going red, frothing out of the side of the mouth increases your blood pressure, heart rate and sends the body spiraling out of control and sync. No one ever won an argument by ranting in peoples face, it is a loss of control and you will get picked off by someone in control of themselves. If you did win by ranting, you have only achieved that by brute force, threatening and bullying behavior. That is not winning an argument, that is losing self-control and mastery and also a loss of respect. In overview you won nothing, but lost much.

One of the biggest issues within this framework is low self-worth, which leads to insecurity, indecision, non-trust of the self and other people. It then turns many aspects of their life into envy and comparison and competitive mindsets with all those around them, which is the most destructive aspect of how and why, we struggle to interact with each other. So where does it all start? well sometimes it is a spillover of family traits of our ancestors, that has bled through into this one, but often it is your relationship to your parents

and siblings, that generate most poor emotional states. For some in this lifetime, it has been, or is your role to correct the ills of your own bloodline, some will have recognized that, many will not, but correcting the bloodlines of their own family, has been the role of many in this time period. To start anew, we have to cleanse and more importantly heal the past. Families have histories of generational sexual abuse, or alcohol and drug abuse, aggressive behavior patterns, violence, divorces which spill over into successive generations from one or both sides of the family, it may have been your role in this lifetime to correct that. Comparative mindset starts young, comparing yourself to your siblings and peers, comparison in the pursuit of curiosity can be a healthy learning tool, the pervasiveness of this throughout society though, suggests it is far more damaging than most realize. There is barely a single object or interaction that we haven't fine-tuned our brains into making comparisons towards others, and the most damaging aspect is, it is within your own circle, be it family, partners or friends. If you are always comparing yourself to what others have done and feel bad about yourself that you haven't achieved that, which then leads to envy, how are you ever going to recognize your own contribution to society and more importantly your own value and development? One person in my life has a plethora of certificates, awards, degrees and achievements, but is riddled with insecurity, lower self-worth, that, that the person always feels they have never done enough, because their siblings did this that or the other. That applies in most families, the sibling rivalry. But that person had achieved so much in life themselves, which should be a sense of pride, but because of low self-worth and self-imposed comparative mindset, where they always have to feel, they have to prove themselves. This then leads to a type of self-harming behavior, self-sabotage where they perpetuate their own narrative of I'm not good enough or as good as someone else. Where to be recognized they go off the path in a deliberate move, which garners discontent or reaction from those around them, which that person is waiting for, to then feel bad about themselves again. This is a rollercoaster of emotional and mental instability, of which, that wheel can be very difficult to get off. Victim and Victimhood are very damaging to the self and others. From overview the behavior is bizarre, but it can be difficult to raise those types of people, once they get into a lifetime rut. That they are never as good as someone else, the wheel just keeps spinning and interactions becomes much more frequent. First off they have to recognize it within and of themselves, to then begin the process of the self-healing. It is not an overnight process, it is not an easy process either, it takes hard work, but if that person can spend so much time lowering their own value? why not spend as much time lifting their own value? The Mental aspect can be the cause and the consequence of emotional instability, but they also work together in a constant battle, in essence this is your left and right brain, which I will get into later. Emotional instability can erode the mental aspect with constant battling within and of the self, leads to apathy, lack of will, lack of fortitude, lack of integrity and a complete dereliction of who you are. This leads to another wheel of self-perpetuating behavior as well, because you are no longer you. You have become a mirror version of yourself, a projection, a mask, of how you wish to be, but because you lack the will and fortitude to master yourself, you have become a shadow being or multiple shadows depending on the environment and mindset you keep. Integrating those shadows is key to mastering that instability, it is not about erasing the shadow but integrating it within you. That mirror version you falsely project is how you wish to be seen, why not work hard and become that version you falsely project as you, but currently isn't? Yet often is the case in victimhood mode, they are actually

that person and yet don't see it in themselves. The energy people expend to become and act in alignment with the false shadow of you, again can be harnessed to become the real you. So it is not like it takes that much more life force energy to correct it, you are wasting more energy portraying the false you.

The mental and emotional issues of trust, is a big thing for many, even when just applying it to the alt media. I have lost count of how many questions I have answered or sometimes not, of is this person or group good Thomas? Often the questioner states their own doubts within the question, if you are asking me that question, you already know that person or groups is not 100% for you, why do you need me to validate it? What makes my opinion more important than your own? we are back on the wheel again with insecurity, lack of trust and low self-worth are we not? Discernment is the word often used and many struggle with, in most cases it is not discernment that is the issue, it is a lack of self-trust. Those who master self-trust just know that answer before the question is posed, how? why? you may ask, because the frequency within it changes. It's like a mini alarm bell that goes off, it is called intuition, which we all have, yet so few will use it. Many will come up with all kinds of bizarre excuses to themselves, to justify themselves not listening, well it was just a coincidence or Deja vu or it was the mandella effect, no, it was you, the real you. Like I said earlier people have ears but don't always listen, to others or more importantly themselves. Again from an overview it is bizarre behavior, you are given a heads up from a brief interaction of your higher self and you ignore it? It's no wonder for the many, the higher selves haven't been switched on fully, because most of us are profligate about not using it, it's like a muscle, use it or lose it. When I say higher self, it is used as a term of reference, in essence there is no higher self, it is just you. The higher self as you call it, is the heart/soul center, which is within you, not outside of you. If there was a higher self per se, where is the lower self? The key to it all is healing the past and the present, to allow yourselves to have a better future and remember you may not just be healing your own past, but also your bloodline as well. But healing requires hard work on your part, no one or thing can fix this for you, only you can heal the you, people can guide you towards the path, but only you can walk it. In the midst of all of this personal and emotional instability, lies the you, the you in essence is the Russian dolls. You started off with one and created copies, none of which is the original. There lies the you that has achieved far more than you all give yourselves credit for, the classic example is I am just a house wife who looks after the children, erm you created a living being, is that not an achievement in and of itself? You often hear oh I'm just a joiner, a painter or a wage clerk, without realizing what they are saying or putting across. So, you can only do joinery? is that who a being, that is the crown of creation should describe themselves? just a joiner indeed! The limitation of the self-program runs deep in many, defining ourselves by our current job, many of which most of us don't like doing? Well if you don't like your job, do something you do like? But I'm just a joiner, like that is going to appeal to a person potentially hiring you? All that is required is a bit of thought and application to change your situation, you can in a lot of cases do much more than you ever imagined. But it all requires the mastery of the emotional and mental state, without these being individually corrected, your path to merging them into one becomes limited. Controlling emotions and mental states closes down the noise that reverberates through our minds and energy centers, all that noise is much of what you created, to drown out the part of you that says, I need you to address this. Suddenly

you are then presented with an opportunity to address it by what many think is some random event, it's not. It's the inner you is screaming fix this trauma or emotional issue, and another vessel hears it and puts it and you into the arena, to see if you will play or will you run. The best formula apart from meditation which can be done to gentle musical rhythms or not, with eyes closed or open, once you have mastered the memory code of that frequency zone. The greatest thing is to do what you were created for, being creative, it is this version of humanities greatest gift, we are better at it than any other species. Yet so often we neglect it, buying instead of fixing, getting others to do things when with a little patience(oops I said the patience word, cue teeth gritting by several members and perseverance. We can do that ourselves, values in life of being creative have plummeted on a monetary scale, and that is a deliberate ploy by the system, to erode another of our abilities. Arts and crafts rendered to a level of struggling existence jobs, music also except for the few that sell their soul for the illusion that is fame. So the people with creative abilities end up serving burgers at McDonalds to get by, rather than displaying their natural talents. Let's get into a myth of separation we re-enforce ourselves with word spells, left and right brain thinking. This is duality and divide and conquer again, when they are best combined into one thinking process, this then puts an end to the dueling between the two hemispheres and duality, and brings in the harmonic aspect of you, the triality. The two hemispheres like the two eyes only give you half of the picture, that is being within the forest, but how do you know it is a forest or a wooded area whilst inside of it? You don't, you just assume. When the two hemispheres work together not duel, in comes the third aspect, the third eye if you like that sees through both eyes, and has an overview aspect to it as well, this is really seeing things from a whole different perspective, not only on this plane of existence but others as well. Once those three aspects are mastered and combined like a trinity, it then creates a cord connection to fire up to the heart center of thinking, it is a heightened version of the mental and emotional states of consciousness. In comes empathy, deeper understanding, wisdom, higher intuition, a broader spectrum of the senses of the five and beyond. Your understanding of life and you goes into a whole new realm, the downloads become more frequent, who and what you are, your purpose in life becomes more defined, everything becomes more fine-tuned as you are no longer a nest of dolls, you are your own Neo. Spirit inner and your spirit outer becomes more defined in what you wish to do, no longer operating almost as a separate entity, you and it become one. Then when your abilities kicks in, not only the world is open to you, but the Universe and for the higher mastery again, the Multiverse and the Universal Tree. We need technology to travel amongst the stars? when you really master you, you will become to understand how ridiculous that statement is. Currently, most people are stuck in the astral layer of travel, which although cleared in some aspects, it is not all as I understand it, portals and wormholes are often the realms of travelling in the astral. Outside of astral does not always require the use of such technology, mastery of the self and your own consciousness allows you to travel instantaneously via the cord, your memory code kicks in and your destination awaits you. All must try to not use the term astral travelling, like that is the only place to go, it's not, there are far more jewels and magical creations to travel to than just astral. Astral travel is going into the dark beasties realm, so be careful about using that terminology, word magic and contract are all so important. Often we are naive in what we say or mean, so no more I'll see you in the astral later please, you won't see me there unless direct actions are being taken, which is far less now than previous. All this beauty and wonder,

magical journey's and abilities, meeting places and beings you thought were only in your imagination, or in your dreams. Well, you cannot imagine something that doesn't exist, somewhere not in the vastness of space, because that reality of vastness is another limitation program, all designed to propagate the little you persona, that exists what your visions have shown you. A word of caution awaits those that reach these levels, it will be a massive test of your ego, because thinking and acting god like, destroying all and sundry because you can, lording over others because you can, will cause you to fall, just like the allegory of the biblical angels fell. You are not god, you became a higher evolved being, higher evolved beings should not display a lack of responsibility and play dick swinging contests. You have worked so hard to become that higher evolved being, but that does not, and never will make you the god, because that is source the creator of everything, of which we are all a part of. In essence we are the creators also, all coalesced in a massive dance within the spark of creativity, as you become as one within yourself and your own divine connection to source. We have to learn to focus on the self, not act like judge and jury for all other people and yet neglecting our own role in life and society. The finger pointing away game did not work for anyone, the solution is you finger point it at yourself more often. So, to recap do you still want to keep your limitation, dualistic, self-loathing, self-lying astral projecting suit? or do you want to expand into your own source connection and blood code? It starts with you, one simple decision changes your whole life and timeline, which is seen as a small leap for you, but a giant leap for mankind. As another starts the journey to their ultimate destiny, once that decision is made, then starts the healing. It is all about the healing of your trauma and your bloodline traumas, to give you and your future generations a rebirth and new growth opportunity. Do you wish to float amongst the stars or walk through the treacle of 3D life weighed down by your own lack of self-worth? or become the highest evolved version of you, in many millennia's. Do you wish to loop around the mobius or reach the number of completion, the figure 9. Is it a 6 or 9 when combined? or is it both one and the same from all perspectives, as above so below. During the lovemaking act which is the male and which is the female? it matters not from high above as it all becomes the one, divine male and female were not designed to be separate, that is more duality nonsense. Before, long in the past, they were one, because if you draw a 6 and a 9 together, and look from above it becomes technically 0 but more importantly the shape of an egg, the home of the ultimate rebirth and the creation of new life. The zero shape and the egg from the overview is how it all began in the beginning, out of nothing/zero, came the cosmic egg and the birth of all that ever was. The journey of it all starts and ends with you. And all you had to do was? Follow your heart, it is that simple.