

THI-SHOW TRANSCRIPT 2024-03-14

The Blueprint Episode 17 Teams Report weekending 10th March 2024.

THE AGENDA:

This week's agenda was heavily focused on the launch and workings of the new be.thenewblueprintforhumanity website. How it is functioning and what if any improvements need to be made now. As this was an internal soft launch a few weeks ago, there will always be a need to tweak, adjust and insert additions that may now at this point be needed. Allowing ourselves to be open enough to sit objectively and overview a project is part of growth, on an individual and collective level. While this is necessary, it is also important to keep the focus on why this was needed. The main aim for this site is, to offer an alternative place for us to commune and grow the blueprint. A place with less distractions, less AI interference and a chance to do things our way and become more of a working site, with less chatting and more action being the intention behind it. Some of us will miss the emoji though. It is a place to come together and work together and learn to be more of ourselves and become more empowered and make stronger connections with the other individuals that have put aside other life priorities to pay it forward. In essence a safe harbor, where we become the lighthouse for the blueprint. Other items on the agenda this week, included aiding the new coordinator to settle into the role. By supporting her in a timely fashion with reports, communications and any other things she may need during this time. Defining a new role takes time and consideration from all the teams, to ensure we aid the process and help her flourish. It is an exciting phase that we have entered right now, as we go more external. This week, we heard from the research team that they had contact from one of the recent people that received an email, another new connection made. This is more proof that things are indeed speeding up, we are being heard and seen now and this brings a new set of questions and protocols into play. This begs the question are we ready? The tests will keep coming, but in the main, the groups show up, roll up their sleeves and do whatever it takes. There is strength in numbers, we are a determined group of people that share a common goal, to give humanity a chance for great change.

RESEARCH TEAM:

The Research Team had a good old-fashioned nuts-and-bolts work meeting and drilled down on items related to the current limitations of the database and to finalizing our transition to the forum site. Discussions about the procedural timelines from influencer name selection to end-result contact success with follow-up reporting, was helpful for problem assessment and finding solutions. Growing the names list was a stimulating topic, as was website contact form data-mining prevention for member cyber safety. Upcoming team member absences brought the discussion to back-up planning. Team growth is essential to avoid overloading our few members and maintaining project flow. The need for task descriptions to include time estimates and skills required, will be a helpful tool for recruiting new volunteers. Defining areas of need will also help future planning. A member



made a refreshing remark of, ideally, we will reach a point where influencers are coming to us instead of us looking for them. We revisited the subject of coordinating with the media team for X/Twitter. A specialized report was viewed of names with X-accounts. One member already follows 1,805 influencers, so gathering those names would greatly add to our successful contacts list, because he has already posted either a THI-meme or the website link. Those additional names could then be given to some volunteers to search online to find websites, email addresses and any other contact information available for growing the database. Speaking of growing it our very busy Canadian member added another 285 Canadian politicians having received the pdf. So our new strategy is to use those names, along with some U.S. and other country politicians for creating a bank of reports to have on hand, in case we have to cancel a meeting. It will ensure that the Blueprint Show episodes will not lack names to report. Also, the surplus X account names can be sprinkled in to add diversity. It was suggested that utilizing Kevin's Senate & House action committees' information, will also help us add diversity to the U.S. politicians by identifying their areas of special expertise. In the final areas of old business, firstly was the zoom meeting calendar having just been provided to the Web Team for analysis, then our Team Lead will collaborate with them to get it up and running on the website, when such a project can fit into their schedule. Secondly, we gave a shout-out of thanks to the Canadian, French, Bulgarian and Portugal team members for their terrific country outreach efforts. New business was the opportunity to meet-and-greet two members of the Blueprint Action Group: 1 the new Coordinator, 2 the new Blueprint Brochure creator. They each gave us a better understanding of their special projects. We were so glad to have such a welcome spice added at the conclusion of our meeting. As a special note to the show listeners, we invite you to join in the rewarding fun of online research. Please consider volunteering with our Research Team, where your detective skills creatively blossom like a bear in a waterfall, trying to catch salmon or a fox outwitting a rabbit. Hard work yet rewarding enough to go back for more. You can find us as a sub-group of the Blueprint Action Group on the new BE – forum.

Here are this week's 39 successful contacts with the Blueprint PDF and 15 interesting follow-ups, sent by email from the website by the Web Team were:

- 1. Michelle Rempel Garner is a Canadian politician who sits in the House of Commons as the member of Parliament, a conservative party MP for the Alberta.
- 2. Dr. Laura Baxter is a board member and Secretary for the Australian Gold Coast Primary Health Network, which is an independent, not-for-profit company, one of 31 Primary Health Networks established by the Australian Government on July 1, 2015.
- 3. Joel Natalie has a three-hour daily show on TalkErie radio in Erie, Pennsylvania. As a commentator for 35-years as a broadcast and communications veteran. Joel has been an on-air personality and manager in Top 40, Adult Contemporary and Christian Contemporary radio.



- 4. Alex Thomson founded the UK Column News & Eastern Approaches program. He reported about the 19 US Atty Gen letter to BlackRock. Alex served in a Christian mission in the former Soviet Union and went on to spend the rest of his twenties as a GCHQ officer. He moved to the Netherlands in 2009 as a translator, interpreter and a researcher of networked evil. Since 2014, Alex has presented the Eastern Approaches brand where his specialisms are Europe, geopolitics, religious affairs and constitutional matters.
- 5. Lt. Col. P.C. Chambers of Misfits Media is a journalist, editor and consultant. As an independent, Australian full-service creative agency, they deliver services for their clients across all facets of branding, marketing, events and advertising. To quote their website, our team of brilliant minds and passionate souls work in partnerships with our clients to achieve their marketing goals.
- 6. Dr. Xueping Ji is a Professor of Industrial and Systems Engineering and the Director of the Ideation Laboratory, iLab and co-Director of the Health Innovation Technology and Simulation, HITS Lab at the University of Tennessee Knoxville. His research areas include complex system modelling, simulation and optimization, with broad application in supply chain logistics, healthcare and energy systems.
- 7. General Thomas McInerney's chief concerns are with sustainable development, human rights, governance and rule of law. He is an international lawyer advancing creative legal and governance strategies and solutions to achieve a more just, peaceful and sustainable world. He has led numerous innovative initiatives to improve international law and advance global development.
- 8. Dawn Etcheverry is the Nevada State Education Association President. Their mantra is, When Nevada educators come together through union work, they are demonstrating their intent to create better public schools. The group works to ensure high quality public education for every Nevada student. NSEA and its community partners believe in opportunity for every student and in the power of public education to transform lives and create a more just and inclusive society.
- 9. Daniel A Domenech retired in 2023 as Executive Director of the national School Superintendent Association.
- 10. Bing Su is Director of Kunming Institute of Zoology at the Chinese Academy of Scienc
- 11. Tianlei Huang is a research fellow and the China Program coordinator at the Peterson Institute for International Economics. He joined the Institute as a research analyst in March 2019 and works with Anthony M. Solomon Senior Fellow Nicholas R. Lardy on issues related to the Chinese economy.
- 12. Brad Wright is a writer for Stargate SG-1 series a military science fiction adventure television series from 1997 to 2007



Emails also went to some doctors in specialized departments at various universities or states: Due to child level forms of banning or blocking the details of the people sent the pdf has been removed and only the names and region included.

- 1. Lynn Bahta a Public Health Nurse, Minnesota.
- 2. Beth Bell a Yale Graduate, now Clinical Professor in the Dept. of Global Health, Washington, Seattle.
- 3. Oliver Brooks is Chief Medical Officer at Watts Healthcare, California.
- 4. Wilbur Chen is Chief of the Adult Clinical Studies section and teaches at the University of Maryland.
- 5. Sybil Cineas –is the Clinical Associate Professor of Paediatrics and Medicine, Assistant Director, Longitudinal Integrated Clerkship, primarily in NE America.
- 6. Matthew F. Daley is the Senior Clinician Investigator at Kaiser Permanente at their Institute for Health Research, California.
- 7. Camillie Kotton is a Harvard Infectious Disease Specialist, Massachusetts.
- 8. Jamie Loehr is founder of Cayuga Family Medicine, New York.

Contacted via their website contact forms by the Research Team Leads were:

- 1. Whitney Webb who has been a professional writer, researcher and journalist since 2016. She has written for several websites and, from 2017 to 2020, was a staff writer and senior investigative reporter for Mint Press News. She is contributing editor of Unlimited Hangout and author of the book, One Nation Under Blackmail. Unlimited Hangout prides itself on being uncensored investigative journalism.
- 2. John Mappin Founder of Camelot TV in Tingagel, Cornwall. His interview videos were circulating a lot during the 2020-2023 period, their motto is, Freedom is the Grail.
- 3. Eustace Mullins who died in 2010, was the last living protégé of Ezra Pound, the author of the only book burned in Germany since Hitler. By the way, a burning under the direction of the Americans and a former researcher for Joseph McCarthy. He's known almost everyone on the American Right for the last 50 years and is one of the most hated men in America in some circles. His best-known work is, The Secrets of the Federal Reserve (1952) in which he alleged that several high-profile bankers had conspired to write the Federal Reserve Act for their own nefarious purposes and then induced Congress to enact it into law. He was a researcher at the



Library of Congress in the 1950s and was writing books then about other things we at THI are still talking about today.

- 4. Newsmax based in Boca Raton, Fla., and New York City, is a privately held company headed by its CEO and majority shareholder Christopher Ruddy, founded in 1998. Newsmax's media properties reach more than 40 million Americans regularly through the Newsmax channel, the Newsmax App, its popular website Newsmax.com, and publications like Newsmax Magazine. More than 15 million people follow Newsmax on social media platforms like Twitter, Facebook, LinkedIn, and Truth Social. Through its media properties and platforms Newsmax champions a free press, one that provides Americans with balanced coverage, diverse viewpoints and honest debates on the issues affecting our lives.
- 5. Martin Noakes Owner of Meaningful Music company. He makes conspiracy theory songs i.e. 9-11, moon landing hoax, money does not exist it is a theory, etc.
- 6. CBC the Canadian Broadcasting Corporation CBC/Radio-Canada is the national public broadcaster and one of Canada's largest cultural institutions. It offers regionally and culturally diverse programming by, for and about Canadians.
- 7. Globe and Mail The paper's origins can be traced to a liberal newspaper, The Globe, founded in 1844 by a Scottish immigrant, George Brown, and to The Mail, later the Mail and Empire, a conservative paper founded by John A. Macdonald in 1872. It sees its role as, independent but not neutral.
- 8. Shayne Vibes is the creator of Connecting Consciousness.
- 9. Panache Desai teaches people how to stop simply surviving, but how to thrive and liberate their potential using meditation and other self-improvement techniques. He reminds people that You are enough and helps them discover their purpose by going within. We at THI strive to help our members understand how valuable you are as individuals and how vitally important each of you are to our wholeness and our collective purpose to change our world.
- 10. The CDC Center for Disease Control.
- 11. Virginie deAraujo Recchia founder of Verity-France, an organization that gathers information from victims of the medical issue and is part of a lawsuit to counteract the issues.
- 12. Center for New Democratic Processes based in Saint Paul, Minnesota. The primary tool they employ for education and deliberation is the Citizens Jury and are continuously designing, testing and exploring new methods of high quality, inclusive public participation, deliberation and engagement. They pioneered the use of



Citizens Juries in the United States and believe themselves to be the leading experts of their public participation method.

- 13. Sprinter Hybrid Rail in Southern California East-West SPRINTER hybrid rail spans 22-miles and connects Oceanside, Vista, San Marcos and Escondido serving 15 stations along the Hwy 78 corridor.
- 14. Larry Alex Taunton is an American author, columnist and cultural commentator. His work has been covered by the BBC, The New York Times and many others. He authored The Grace Effect and is the Executive Director of Fixed-Point Foundation in Birmingham, Alabama.
- 15. General Jack Keane is a retired four-star US Army general chief of staff. He is currently a Fox News senior strategic analyst. He is chairman of the, Institute for the Study of War.
- 16. Alex Newman, founder of the online Liberty Sentinel with the motto of empowers you with the truth to stand against evil and stay free.
- 17. Matt Roeske the outspoken founder of Cultivate Elevate which gained prominence in the aftermath of the Lahaina Hawaii fires.
- 18. Matt Kahn is a spiritual teacher, whose clients and followers see as a highly attuned empathic healer, powerful speaker and captivating author. With 22+ million YouTube channel views, followers are finding relief from the challenges of daily life through his heart-centered messages. To we THI members, this sings like an advertisement or promotion of his site but isn't. We simply like to have our listeners get the full picture of the sphere and scope of the influence of those we are sending the pdf to; our outreach is broadly focused.
- 19. Brian Rose of London Real.tv who gained a following in the crypto market. He has had over 1,000 long format interviews with those he considers the most important voices in the world. His website says, we empower people to think, to act and to change. We are an unbiased source of information in a co-opted world.

As a new regular feature of our reports, we will be sharing any responses we receive. We maintain the highest of hope that some of the influencers will email us back asking for more information. Or that the Web Team will announce the 'Saying Hi' feedback contact form on the Blueprint website is jam-packed with responses. Until that dream comes true, we are glad to report that at least we have received after-the-fact email acknowledgements and/or been subscribed to their newsletter emailing list, meaning that their internal system will recognize us a friendly, not enemies.

We are getting these newsletters:



- 1. Quora Digest
- 2. Thomson-Reuters
- 3. JP Sears
- 4. Adam Andrejewski
- 5. US Farmers & Ranchers
- 6. The Globe & Mail
- 7. The Canadian Broadcasting Corporation
- 8. Democracy Now
- 9. Refind
- 10. Asian Archaeology
- 11. Southeast Asia Archaeology
- 12. Professor Wolfe of Democracy at Work
- 13. From the twitter x world came a welcome like by Izah Favour to our post of the website link. He describes himself as a Life Coach and Speaker.
- 14. We have great news that Cultivate Elevate's customer support rep emailed a response of, hi there, thanks for reaching out, I appreciate you sharing the info! I'll forward this to Matt to review. Thanks again for sharing.
- 15. The best news Alex Newman, founder of the Liberty Sentinel sent us a direct question by return email that indicates to us that he perused the book, He wrote:

Question: Thanks and interesting. What are the references to Universal Council and Universal Higher man?

Our reply, The Universal Council is a galactic group of Humans and non-humans working personally and collectively toward evolution, spiritual development and a harmonious planet in accordance with Universal (Organic / Divine) Law. Sovereignty, equality, freedom, cooperation, caring, sharing, harming none and loving



others are some of the concepts of the Law that Universal Humans and the Council share. We also remain heart-centered where we hear the Universal Truth most clearly. There is a lot more to this, as the relationship between humans and non-humans goes way back. If you have further questions, please do reach out, we love sharing this information to those who are interested. May your day be bright and blissful. We can let you know Alex responded within minutes asking more questions to which we also replied promptly. We share this first question because it is the first we - of the research team - have received from anyone and it seemed important to mark the first fruit of our seed-planting. We will be respecting the privacy of his further correspondence with us, until we get his permission to share our exchanges with the group. We will let you know if he ever mentions us in his news format. We will have more to report in the next Blueprint episode. Great stuff and we are getting more traction now.

Announcement: Handout for Humanity:

The Blueprint Action Group has launched the Handout For Humanity brochure. You will have noticed the recent Mewe posts promoting it. This is a brochure that you can download, print and share. The purpose of the Handout is to help promote the New Blueprint For Humanity website. The Handout gives a brief overview of the Blueprint and can help direct new people to the Blueprint website. There are many opportunities during your day to conveniently leave behind a Handout for someone to find. A little creativity can go a long way! We're asking you all to consider participating in a manner you are comfortable with, to help spread the word at this critical time. Look for the Handout posts in Mewe and the new be thenewblueprintforhumanity org site where you will find the pdf for download. A Dutch member requested a translated version and one was created! This member will be attending a literary event, that is expected to draw six hundred participants and is taking it upon herself to provide and make available Handouts at this event. Please message David Adams if you have any questions or comments.

YOUTH TEAM REPORT:

In late February, early March the Youth Team had three consecutive weekly meetings to focus on getting the youTHInk Different website ready for a March 3 soft launch. Work continued to complete Intro videos for each section, link to the relevant BP solutions and add additional links and documents providing deeper information and context. One youth generated document and a video have also been uploaded to the Tell-A-Story section. Work is still ongoing to create the intro video for gender, which will not be ready for the soft launch, but soon after. Wonderful graphics and ideas for the "Tell-Your-Vision" section, were presented as well as ongoing collaboration on verbiage that is inviting, engaging and inspiring to youth to tell their stories and share their visions using any format they'd like. This includes blogs, videos, artwork, music...the options are limitless and pretty much whatever the person is inspired to utilize. Due to all the hard work mentioned, we were able to soft launch youthink. world to the THI audience on March 5th. One member has already shared with his daughters of 22 and 25, feedback has been positive, they love the color, pictures, music and videos and said the topics are



relevant, we are asking good questions and it made them think. One of their boyfriends said this: Very cool, The Tell a Story tab is my favorite. Functions well, cool transition and truly clear and crisp that really grabs the attention and also allows interaction. Home page I probably would change the vision statement in the italicized writing to a normal more legible font. Other than that, it's very cool and well done. The topics in themselves are interesting. I think if the videos had someone speaking to the points or telling a story it would be a lot more impactful. Easy to get disengaged when it's words and background music across a screen. The tell- a -story video like the one that Jack guy posted is easier to digest and get connected to the content. Like the website layout though and the topics are very important. Fantastic feedback from a young man of twenty-five, right in the demographic we are targeting. We are inviting everyone in THI to explore the youthink world website. The invitation, hope and encouragement, is that the website will eventually be user driven, meaning primarily managed by the youth. We have some awesome opening videos to be viewed: Law and Consent, Housing and Job Security, Permaculture and Food Sustainability, Gender Confusion (coming soon), Race and Climate Change. Some content we have included to date: A candid article entitled Top Canadian Doctors revealing the real truth and horrors of sex change surgeries, to be linked under the heading Real Truths About Sex Change Surgeries. A link to the War on Children documentary, a must watch. Two fantastic presentations generated by two youth titled Jack's Story and Why I Never Feel Good Enough. Absolute must listen to for us all! Articles about the positive effects of increased CO2 and the greening of the planet, the lie about plastic recycling and an article exposing false temp data used to drive the current narrative. A number of Ucadia law documents for deeper study. Please feel invited to explore the website and tell us about any refinements you'd recommend. A big shout out for the youTHInk Different team, you know who you are. A diverse group, on three continents, who have somehow managed to work together to produce a strong foundation to grow from.

GARDENING TEAM UPDATE:

This piece was written by one of the Garden Group Members and it is an excellent summary of the issues we have been discussing. Gardening - The Soul-ution to Humanities Existential Threat: Our world is on a trajectory that has the potential to cripple society. There are many potential solutions, but gardening, is in my opinion, the most elegant, efficient and effective one.

Problems:

Since the turn of the century, when industrialization began, the collective has been drawn into a problem of food production. Before this time, the power was in the hands of the people for the majority were producing food and the excess was used to feed those not on the farm. Trading grain for sugar or nails was common practice. With industrialization, the farmers moved to the towns and worked in factories to make machines, that would work on the farms to grow the food. The farmer became reliant on the system of industry for his livelihood. And farmers have been trapped in this loop since then. As a society, have moved off the farms and into the towns and cities has weakened us in so many ways: we are now weightier than ever before we are now lazier than ever



before and we are now crazier than ever before. Agreed, the lunatic asylum piece revealed that in stark clarity. In the last 50 years, obesity has tripled, chronic diseases have increased 800% and mental illness has increased 1000%! But the good news, we are living longer and longer. Life expectancy has increased for adults from approximately 67 to 77. Who wants to live 10 more years only to have those years be in disease?

Here are my thoughts to the real problems we face as a society.

- 1. Our foods have become more and more processed, refined and artificial and the human body cannot thrive with this. It is as if we are burning kerosene or wood gas in our high-octane cars. The food we eat directly affects our health and the buildup of toxins take their toll over a lifetime.
- 2. We no longer are physically active. The human body is incredibly efficient and will adapt to the amount of effort needed. If you are sedentary, the body will minimize the muscle production for example.
- 3. We have informational toxicity. The amount of mindless, insignificant, worthless information that people experience today is simply staggering. People no longer react to strange or unusual behaviors or news. So, the system has to take this to the highest degree. The news and media companies are dying for attention and so the only thing left for them to do is ratchet up the fear, the mayhem, the death, the rage. All of this enters the minds of society and this is simply too much for us to handle. It is stressful and we cannot handle the stress anymore and so it adds to the chronic illness.

Solutions:

- 1. To fix the food issues, everyone needs to have a garden, as big as possible. Eating foods fresh from the garden is the complete and polar opposite of what is happening today. Fresh foods are alive, they have living symbiotic bacteria, they have enzymes and they are full of structured water, some would argue. They are what our bodies are expecting to use as fuel. By having access to fresh garden foods, detoxification can begin, then after that, rebuilding. Finally restructuring and thriving can be achieved.
- 2. To fix the sedentary issues, everyone should have a garden. It takes physical work to garden. Lifting, pulling, walking, carrying and more activities will put a load on the body. Then it will adapt and muscles, ligaments, tendons, the circulatory system, etc, will improve.
- 3. To fix the mental health issues, people need to garden. Being in nature, feeling the living soil, the grasses, the plants, hearing birds, bees, wildlife is very soothing to the mind and soul. In addition, you cannot garden effectively with a phone in your hand. You no longer need extraneous mind candy; you can simply be and live. If you have problems, you talk to the other gardeners, your plants and to yourself and the answers will come. In the end, the trajectory of human de-evolution has an easy solution, gardening. The big question that remains is,



will enough people catch this virus and spread it or will we collectively end up in a matrix cell of our own creation? As Thomas says, 'time will tell'.

EUROPEAN BLUEPRINT TEAM:

The Euro Blueprint group has been set up as a subgroup of The New Blueprint for Humanity Action Group. Participants and EU members are invited to join. We are preparing for next meeting where we will talk about the EU Military and NATO Solution. Members of Europe, Canada and North America will work on this in a joint effort.

LAW TEAM:

March 3rd saw the return of the Intro to Law Series part 1 the Fundamentals. 2 hours morphed into a four ½ hour marathon with a highly engaged group. It was fascinating to see the deeper realizations and light bulb moments, from those who attended the previous Intro Series. Proof that each time we approach this material, deeper insights are unlocked. This is an inch wide, mile deep lake of knowledge. For the new members, this was a journey that opened their minds as we unraveled false history, false etymology and connected the dots to the Vedas and RITA Law. In the Santies, Perun warns about the Aliens that use deceit, ruse and unrighteous lie to obtain the trust of people and how they pervert pure souls, school them in mean deeds, lust and vicious madness. How they accumulate material wealth, lead Kins to destruction, take away riches and income from good people and cloud the human mind. Using the power of deception that take away from people support, faith, purpose in life and freedom of spirit. They consider wealth to be their righteous support and leave poor humans like dead in the wilderness. Truth is oppressed and when truth is oppressed, happiness dies and when happiness dies, human dies. People with weak spirit lose their minds and fall under the authority of the Aliens. Carrying their banners of lies, vices, laziness, desire for another's and lust, cruelty, fear and lack of selfconfidence before them. Aliens covet everything they do not possess, their thoughts are about power above all works, about capturing property and creations of Light Worlds. The previous paragraph, written 40,000 years ago accurately describes the BAR Guild Legal System today. A system that declares us all dead at birth, claims our property (natural rights) and gives them back as privileges or liberties, whilst binding us to a lifetime of debt payment, harvesting our energy to enrich themselves. Clouding our minds with fake his-story, fake language, fake etymology and complex systems of corporate codes and regulations. Using media, education, banking systems, and govern-ment (meaning to manage the minds of the slaves with a mind influence system of false concepts, such as implied consent.) They influence our minds so they can claim suffering in their system is our free will choice, to justify their insanity and avoid their karmic debt. Ruling through force and fraud, they declare we have no mind as we demonstrate incompetence, because we have bought into their lies. We are to blame as we are too stupid to learn and fall under their powers of guardianship and custodianship. As they claim ownership of and manage our minds for us, we are declared infants or animals and fall under their illegitimate authority. Perun declares that awakening of human occurs only in cognition and eye of cognition saves him/her.



As we look to the Vedas again, aspiration for Spiritual Life becomes duty, head of all deeds becomes conscience, conscience becomes strong, human creates happiness and in happiness human creates him/herself. Tranquil people are skillful in their deeds, do not imagine anything unlawful, do not act sinfully, do not act dishonorably or unreasonably. They put duty before kin (service to others). Humans become pure with Spirit/Soul and let pure conscience be the measure of deeds. The way forward is through selfless devotions to duty in life and bloodless sacrifice, through which a knowledgeable person achieves purity and self-illuminated knowledge of the Vedas. It is by cultivating the virtues of truthfulness, restraint, selfless devotion, self-denial, modesty, patience, firmness, absence of envy, continuation of kin, bloodless sacrifice, mercy and attentiveness. Self-development comes from the eight qualities of righteousness, ability to think over, ability of selfenrichment, ability to in vestige (determine the truth), dispassionateness, honesty, chastity and composure. It comes from being truthful with your Soul and Spirit, for the gate to the golden path lies in truth. Selfdevelopment also comes through restraint in action, inaction and purposefulness and the eradication of the following: injustice, blame, false pride, brutish desire, unrighteous anger, despondency, greed, envy, malevolence, irritations, anxiety, forgetfulness, verbosity and conceit. This is where the dots connect, RITA law runs through Ucadia and the True Rule of Law in a continuous flow from the Divine Creator of all. Studying the Ucadia material is more about investigating the truth, connecting with our divine eternal Soul/Spirit, seeing through the lies and injustice perpetrated on us and standing strong. Acting honorably, becoming tranquil on a foundation of truth, letting our conscience be our measure and guide, reclaiming our natural rights, becoming skilled in our actions and deeds and treating all as equals under the law. Some people say that it is hard work to study the Law material we have access to and I agree, it is hard work; however, nothing good comes from the easy path. The journey is the destination and it is a rocky path, it makes us uncomfortable, it challenges us to look deep within and to change if we don't like what we see. Growth is inherently uncomfortable, if we are not uncomfortable, we are not growing. We all have free will. We have been given a tremendous gift with the Vedas and Ucadia. We have the free will to roll up our sleeves, take self-responsibility, learn, change, develop and teach others along the way or we can continue with our lives as is. There is no judgement here, it is what it is and we each have a choice. If we are to be the Guardians, if we are to be the Blueprint, we each must decide what that means for us as individuals and act accordingly. The gate to Golden Path is open to us all for we are the gate. Asking ourselves what will I do next is the only question that matters.

IN OVERVIEW:

What an amazing few weeks it has been for the Blueprint teams lately, the hard evidence cannot be denied anymore. We are being seen and heard now outside of THI and that brings with it a sense of excitement, but also a sense of urgency within the teams and self-reflections on the bigger question, are we ready?

A year ago, the process began to undertake launching the blueprint into the mainstream arena of the general public. It seemed to be a daunting task and maybe despite the business and activity of the groups at the time, the doubts were there. Maybe it felt a bit like the impossible dream in a way, too big, too important for unimportant



people to take on and maybe it felt too hot to handle. But none the less a small group of us showed up and we set sail into unchartered waters. The teams emerged, the oarsmen if you like, learning to set a pace, while the captain steered the course and we began the journey of the new unknown. We had no timeline, no date and no final landing place, but what we did have was the certainty and the courage of one person. So, we handed over our trust in this process and set sail into the great journey of discovery and recovery. We learned that sometimes it can be hard to navigate in someone else's waters, it can feel uncomfortable and bring up our own uncertainties that lay lurking within. The shoreline always feels a little out of sight, the destination not yet seen and we may have even been impatient with the process or the reverse, we felt like we had plenty of time to get there. While we began to launch full steam ahead and jostle for position as we figure it all out. We began to discover that we and we alone had to define what our true purpose and position would or could be within this ship. A first glimpse at the defining moments of realization in our own self-awareness journey. For if you have never picked up an oar, how do you know that you have the right type of stroke and skill that will break the water correctly and steer us home? How do you know your rhythm will be in sync or be strong enough and adept enough to help the team? You can't unless you learn to trust the process and trust yourself. On the other hand if you try to fight to control it, believing that your rhythm is better than the power of the fellow oarsmen, you will only begin to create ripples. These then form a current that threatens to steer you off target, taking you away from the shoreline you desperately want to land on and instead of helping you, the desire to control becomes the distraction and hampers the flow. You may temporarily revert back to old ways, forgetting they never served you well in the past. While you were busy believing all you had to do was reach the shore, you forgot you had more skills to develop and improve upon. Then, out of the blue someone shouts land ahoy and suddenly the dream begins to become the reality, a sense of relief and excitement emerge. In the excitement someone drops their oar, it slows everyone down and the distraction seemed to create a distance from the beachhead. The group of doubters that began the journey, now is replaced with calm self-assured oarsmen. Which are more certain and deftly hands quickly reach out and take the helm. The team have to rally to find a new style, a better rhythm and a more powerful stroke to balance the deficit, swiftly finding their own solutions and self-correcting, the true change is showing up now. But maybe, just maybe, the distraction came to show you your real progress, the growth you have embraced on the voyage the inner work you have done. For you had to learn to not only trust the captain, but yourself. You gained a new skill or maybe many of them. All the while the illusion of being part of someone else's dream, is replaced by the inner knowing that you are the dream. The misplaced trust, the doubts are all evaporating and a stronger new you and team will take a new leap of faith onto the land, the next part of this great journey. All of life's journeys come with uncertainty, challenges and wobbles, but they also bring excitement and a sense of purpose. You are taking part in this story, our story, your story and it may become the greatest story ever told. A great service to humanity and to yourself. A chance to pay all the teachings forward. A chance to be service to others while helping the self. We must remember that you cannot take part in the great chance for change, without becoming the change. The only question you ever need to ask yourself in each part of this journey is, are you ready? What happens next, you decide.



A couple of weeks ago I sent out another 10 books, that was omitted from the last update. These are the ten who I sent them out to:

Julie Pace – Associated Press.

Robert Doherty – Thomson Reuters.

Stacia Phillips Deshishku – Disney ABC News.

Sarah Smith – BBC America.

Bill Ownes - CBS.

Wendy Brundige – CNN.

Porter Berry – Fox News.

Matt Schnaars - MSNBC.

Tom Namako – NBC, who according to earlier reports are the central hub for all the news items.

Danielle C. Belton – Huffington Post.

A further 8 books went out in the last week or so:

Nick Dunn – CNBC

Amy Goodman - Democracy Now

Amjad Atallah – Al Jazeera

Randall Lane – Forbes Media

Joe Kahn – New York Times

Tom Amos – The Economist group

Christopher Dolan – Washington Times



Daniel Ivandjiiski – Zero Hedge.

This now puts the media within our circle of influence as well now and we will see what it produces. This is the cover letter that was sent to all the 18 recipients. We are entering an extraordinary time this year and much will change. We are writing to you to have a look at our document, with the hope it brings a sea of change within you and your organization. For years now the media have lied, steered wrong opinion and mind controlled programming against the people, this is coming to an end. I myself know there are many of you within these organizations, that have been put under pressure by forces in the back ground. Leveraged and blackmailed to doing the dirty work of those who operate within the shadows. Those shadows are all coming into the light now and a vast beacon of truth is unfolding planetary wide. All the people will get to see what is really going on, on this planet and it is going to get very ugly. Here in America will be the harshest of backlashes, when they find out all the institutions they trusted, where never for their benefit, all of them. I have observed the plummeting audience across all media within the past 5 years in particular, at what point are your platforms going to realize, you are no longer sustainable? Less listeners, less advertisements equals no platform. How long can you sustain that? The people are moving away from your habitual lies and storytelling, facilitated by the agencies. How long can you prop up their failing system? At which point will you realize we are all no different on a base and humanity level? At which point will you fear for your lives, when an angry baying public reaches the threshold of understanding the media lied to us all the time? What happens next? We wish to head off that anger and provide the people with something that brings hope to them, hope to you all that are trapped in the media circus, operating like puppets on a string. The old world as I call it is finished, because that was not sustainable either. The old world is going down on every level of society and a new one must be built based on truth, transparency, fairness, sharing, caring and totally for and by the people. Every single facet of society has to be 180'd and started again, including the people themselves who have badly lost their way. We have to teach the world a new way and the media can be a leading component of that, but all the old ways, systems and programs have to be ripped up and replaced with something better. The Media of the future we envision will be all about the people, telling their story not his-story. It will be based upon truth, facts and a spirit of enlightenment and growth. A rewriting of the story of the people on this planet, not the lies, distortions, overlays and half-truths we have been fed. We envision a global teaching course for all people, because we have to change all aspects of society and people onto a better path than what has gone before. We all failed each other, all neglected their personal responsibility and all sat on their hands and watched this planet descend into the pit. The media can and will play a massive role in those changes, of providing shows, news and documentaries in part based on our failed path, supplemented with the changes to come and how all people should and can be involved. There will be no hierarchies in this model, no stars and celebrities which are all fake, all levels must be equal, all operating as a community and all operating in a cooperative way. There no leaders within this system, all are leaders. All with an equal opinion, ideas and thoughts, as no longer can we rely on so-called experts of whatever field, as they have all been found wanting. The evidence is all around you now, fear reigns everywhere, nothing is working anymore and it won't do again. Why? Because it is the people's time to rise and steer this planet onto a better



path. Where we all develop onto greater heights, not drag each other into the gutter. None of our group are socalled professionals, there are no such things, as all have been denied the truth and or the tools to operate properly. We are just ordinary people who decided enough is enough and became the change within themselves and then chartered a path for a better future for us all. Our members have heard the real story on all topics, and whilst many will blame the cabal, illuminati, secret societies and various other hidden hand and shadow entities, our members found out who the real problem was, us. A hard pill to swallow, but they did and the future media needs to expand upon that and all people must take responsibility. The lack of responsibility, lack of truth, lack of personal introspection is what has led us all into this cesspit of a planet. The truth is and must prevail, true rule of law whether it be Golden the Rule or RITA law (an ancient law of the past) that our members have studied and starting to implement. All of which is on our website thenewblueprintforhumanity.org This document will be sent into many important places and people over the coming months, all funded by myself and our members donations. We are asking you to read it closely and then make contact with us to arrange meetings and or a show as to how we can take this forward. Thank you for your time and hope you are able to accommodate us. The Guardians. Reminder, we are all Guardians of this planet, it is our responsibility and duty. This is the perfect song for the media people, your reign is coming to a close and what actions you take now, determines your future and path.

I will echo the last two pieces law update and overview piece and reiterate your responsibility to yourself, life and the will to change things for the better here. The Vedas should reside within you all, it is not an external concept, but an internal one that all must embrace. The ship being steered off course by people not wanting to contribute or those contributing putting themselves before others, projecting their shadows upon others and playing alpha games, only serves the dark forces and control system. We don't all have to love or like each other, but remember not liking another person means, you don't like a portion of you. So, the other person that annoys or frustrates you, is actually you and your own unaddressed shadows or inner works. Things are at an interesting stage now and we must rally each other about the work we have ahead, not focus on our own failures to deal with issues or other people. Unity has to apply for true success and an inner determination to face your own personal issues and not project onto others or drag other people into the equation to justify your stance or position. There are too many times when I feel I am not only the captain of the ship, but the ballast, the oarsman, the sail and the ship itself. Is that being fair, spiritual, considerate, loving or supportive? You tell me. Stop thinking in public of just yourselves, deal with that in private and focus upon the enormity of the all. That enormity and realization is unfolding now on an unprecedented scale. If you are struggling you have to work with yourself on things, then ask for help from others, but not using others as a dumping ground for your issues. If you seek help, learn to listen and then act upon the help and support given to you, not turn against it and repeat your looping patterns of misery and sadness. It serves no one, least of all yourself. The ripple in the pond has gotten bigger each Blueprint episode and that should be the true focus. Despite being the most maligned group, despite myself being blocked, maligned, denigrated and cast aside, I and we still kept going and that is the lesson for us all. Remember the words for the year, Endeavor and Perseverance, embrace them and you cannot go wrong. I am reminded of the poem If, If you can trust yourself when all men doubt you, but make



allowance for their doubting too. Or being lied about, don't deal in lies. Or being hated, but don't give way to hating. If you can keep your head when all about you are losing theirs and blaming it on you. Wanting or seeking just important positions is ego, the work is the important matter, nothing more and nothing less. I mentioned the word for 2024 about the precipice, depending on your own outlook in life, precipice like many things has two meanings. If you live in fear, it means you are about to drop off a cliff and many will unless immediate self-correction unfolds. If you live in love, then you are standing at the threshold of greatness, achievement, progress, advancement and onto a new stage in uncharted waters. Providing you have done the work, otherwise you stand at the edge of the cliff not knowing what to do next. Do you plummet or fly? All of which means the old ways and failures of the past are now what is in the distance, not the shoreline. Do you see the difference yet? You have all been given all the tools to be successful within and without yourself, yet I still see the same or similar issues cropping up at all too regular intervals. That is a dereliction of duty to yourself, to me who has helped you all in varying degrees and to the role as a Guardian of this planet. At which point will the penny drop within you and you truly begin to understand what is playing out here and now on this planet? It is a joyous occasion, despite the much harder work still to come. But too many revel in their own misery, sadness and unhappiness and have become addicted to it. Please learn to flip it 180 and become joy, contentment, assured and happy, it is not that hard to do, if you apply yourself. Those hiding in the background focusing on drama, step away from it and embrace a new you. You will not be judged by me or other members, as the sands of time ticks away and your life review becomes imminent, how will you view you? Happiness within the providence of sorrow? or the joy of achievement of being a part of something much greater than yourself? These are extraordinary times for us all, don't spoil it or ignore it due to old programs and patterns. It's time to rejoice of coming this far and gear up for the next level.

What if I told you there is another level of sigma not yet explored too deeply in the Masculine or Feminine pieces? What? I have to learn even more? Err yes you do. Life is all about learning, this lifetime and the many subsequent future lifetimes. You can never stop learning in terms of yourself and your development or in observation mode of seeing where others do right or wrong. It is the never-ending story in essence. So if you are short of learning, why don't you start right now? And quit being a restaurant waiter. The Masculine and Feminine in general viewing can be seen as a duality, but in overview it is so much more. This brings in the one on one with the one. We both have a portion of each other's characteristics, although due to much interference via technology, Luciferic Agendas, Archontic deceptions, programming and our own propensity to not help ourselves, we have drastically deviated away from those archetypes. The work done here is to restore the Divine aspect of those characteristics, but to achieve that, we must define them and then return to the platform of our own kind or gender. Only then can the true divinity be restored, although frequencies that will remind you of it from the past, are spiraling around the planet as we speak. Fix you and embrace them. The key is to clear yourself and integrate those frequencies, then set it as your new baseline. But apart from the one on one with the one and your own personal connection to Source, there is another triality aspect of the man and woman. We too often forget the soul aspect and focus on the external physical aspects of our skin suits here. But the soul itself is neither male or female and is androgynous. Much has been done via woke programs to distort the field on that



with the transgender program. But as it plays out, we realize we haven't really defined man and woman too well, in terms of the roles they play in life, as per the Santies. Then how can people even begin to define the transgender issue? You can't and neither can they. One of the main problems on this planet for many thousands of years, is the lack of producing gods and goddesses for the future. This planet's production line has ground to a halt and the few that did leave through stargates, mainly did so for their own personal benefits, rather than for the benefit of the all. Due to the linear flatline of time and people, that supply line has been very slim and almost to none, for far too long. We must develop people beyond the astral harvesting level plane and onto the mental planes and beyond. This then increases the supply line of teachers coming here, to help the all ascend to greater heights. To my understanding there is a great reluctance for souls to come in here and try to help us all. Because the treatment they get not only from the dark forces, but the very people themselves, they came to help. Whilst I believe that the Jesus story makes no sense and there is little to no evidence he ever existed by that name anyway, one could look at the narrative in overview and the picture it presents is not a good one. Said to be the son of god, ok fine, then where were all the religious people protecting him from the Jews and Romans? Why was there no riots at his alleged crucifixion? No people uprising or stopping his tortuous death? Because if there was no reaction to the Jews and Roman's killing the alleged son of god, what does that say about the people? Where was god in all of this? Why would god allow them to sacrifice his only son, in classic Jewish and dark forces ritual fashion? Remember the famous Jewish names of the past killed their first born. Why would the same god then decide to award the very people who killed his son, the status of the chosen ones? Does that make any sense whatsoever? That is without mentioning Radomir and Mary Magdalene that where here 1000 years after the so-called Christ. Or Anna, Nicolai or Svetlana, all of whom were slain in pursuit of helping the people, yet none of the people around them supported them enough, did they? This planet needs an overhaul of how we operate on a spiritual level, because it has all gone so badly wrong. To produce divine masculine and feminine and also gods and goddesses, more people have to become the sigma version, than alpha and beta. We can delude ourselves we are all sigma's, the reality is, we are just not.

One of my personal disappointments despite being taught all the better and deeper ways, long before we did all the recent Santies pieces, is the lack of higher spiritual development in the group. That is not to say some of you haven't developed that side, but nowhere near enough of you have, or not too many of you have developed the skill sets, that comes with the mental planes. I take no responsibility for that, as I know I have given you all everything, but I cannot drag anyone onto any planes or development, only you can do that. Having the knowledge is one thing, but what you do with it by actions, is what really counts. This then brings back in as to the reasons why we haven't seen the true Gods and Goddesses return too much in over 40K years. We have not done enough ourselves and they are tired of us all acting and behaving like children and badly towards each other.

We covered a poem sometime back and perhaps in light of the Sigma male piece another look at it is required. Most of this also applies to the sigma female as well. The poem is called If by Rudyard Kipling, I think he made cakes later in life! I would call it the pathway to self-mastery with a THI twist.



If you can keep your head when all about you are losing theirs and blaming it on you. That means they are out of balance and you must retain yours.

If you can trust yourself when all men doubt you, but make allowance for their doubting too. This plays into inner trust and knowing, if you know thyself their doubting does not apply in most cases. In true self-mastery it matters not what others think, say or doubt of you.

If you can wait and not be tired by waiting. Ah the p word again, no one bar me seems to like, patience applies here and when dealing with people who have none, it requires operating in patience in absolute bucketloads.

Or being lied about, but don't deal in lies. This plays into not wasting your energy proving your truth or position. It is a pointless task and devolves into circular arguments and people doubling down and being stubborn. Why waste your energy in those scenarios?

Or being hated, don't give way to hating. If you know yourself and how energy and vibration works, hating to or from is another waste of your time and energy. It also substantially lowers your vibration.

And yet don't look too good, nor talk too wise. Not looking too good when external in terms of clothing and appearance does not serve you well in alpha settings. What you choose to wear and feel comfortable in, regardless of other's opinions is what matters. Not talk too wise I do not agree with. This world lacks wisdom of the highest order and so the few that speak it needs to shout it from the rooftops, to drown out the noise of those sadly lacking any of it. The same applies to the few with common sense.

If you can dream and not make dreams your master. It means you have the ability to control your dreams and so you master it and your own reality.

If you can think and not make thoughts your aim. Too many have to learn to think again on this planet and so you're thinking and control of your thoughts has to be your aim.

If you can meet with triumph and disaster and treat those two impostors just the same. This is about 45-55 and staying in balance, as most people swing from one side to another and so end up out of sync. The 5% correction is much easier to manage and so you retain the balanced portion of yourself.

If you can bear to hear the truth you've spoken, twisted by knaves to make a trap for fools. Speak your truth, approval or rejection of it should never be a factor.



Or watch the things you gave your life to, broken and stoop and build 'em up with worn-out tools. They are just mere things in life, the important thing is to keep going regardless.

If you can make one heap of all your winnings and risk it on one turn of pitch-and-toss. Sometimes what you think you lose is not as important further down the line or path. Everything is reason and season and it is what you gain from it, rather than focusing on what you lost from it.

And lose and start again at your beginnings and never breathe a word about your loss. Again it is what is your focus whether it is the future or the past or whether being open to the possibility of gain.

If you can force your heart and nerve and sinew to serve your turn long after they are gone. Everyone gets a turn at something, it is all about then, applying everything you have into it. That also applies to our gods and the Santies.

And so hold on when there is nothing in you, except the will which says to them: Hold on! If you can hold on despite the onslaught, you are retaining the essence of you and your determination becomes the source of encouragement to others.

If you can talk with crowds and keep your virtue. To do that you must talk to people all on the same level, never talk at people as it means you are A: thinking you are better than them and acting alpha or B: out of control and balance.

Or walk with Kings, nor lose the common touch. Quitting the hierarchy is a valid way to address this, we all have the capability to be kings and queens with a common touch, not the royal kings and queens but true monarchs.

If neither foes nor loving friends can hurt you. That is the self-mastery right there, yes they can hurt or upset you a bit as long as it is in the 45/55 range.

If all men count with you, but none too much. That is about avoiding becoming a savior program.

If you can fill the unforgiving minute with sixty seconds' worth of distance run. Then you have applied yourself to the task, the distance is irrelevant, only the journey.

Yours is the Earth and everything that's in it. Yes as it belongs to everyone to enjoy, sustain and embrace.



And which is more you'll be a Man, my son! No longer a boy or girl, but you have risen with your better actions and ways into a man or a woman. Too many adults no matter their age, operate like they are still boys or girl levels. We must create more men and women, who are more adult thinking and operating people.

The sigma pieces sparked much debate and some claiming to be operating within the sigma range. I think many of our members have traits in the lower end of the sigma spectrum, but still dance heavily in the alpha/beta models more easily. The differences and references were marked enough for people to grasp, just where they are at on their own journey. But convincing others you are higher than you are at this point, is a pointless exercise, as A: people can see for themselves and B: people doing that, are denying to themselves only, an opportunity to grow. Convincing yourselves you are further down the line, does not allow for the growth expansion required to obtain the next or subsequent levels. In general life there is the example of, fake it until you make it. But in spiritual development levels that is really not helpful or a useful pursuit to take, it is what is and you are what you are. Faking your level is still dancing in the alpha/beta levels, remember the alphas are all about acting and fake personas. If people think of you as a sigma that is fine, but one must inner know to truly embrace it. You telling people that you are sigma is an alpha/beta trait and so subsequently not the truth. But people do love their labels and the sigma pieces are for personal references as to how far down the path you have danced and how far you have yet to go. Sigma is not about the label, it is about being and operating in a much better way. Most of those two pieces focused on the alpha/beta/sigma models based in work based settings, with some touching upon relationship settings, albeit minimal. Another thing it never covered, because mainstream pieces and knowledge leaves vast gaps in all narrative, is the heart. The heart centered sigma's not the mindset, is the higher versions of the sigma not covered in the first two sections. Once you have achieved control of the mind, the next stage is the heart center levels. This is where two major things can eventually kick in next, on an even higher developmental stage. The creation of the Divine Masculine and Feminine, all whilst trying to attain god and goddess level on a soul development level. The latter is achieved by surviving the astral and going through the 4 mental planes. Like I mentioned earlier, to generate more operating on the Divine level, we must teach and train people onto a much better and higher path than the general order. This requires people to be like the traits mentioned in our Divine Masculine and Feminine booklet and also the Santies. Neither the Divine Masculine or Feminine are titles, only true ways to be and operate for higher evolved beings. Part of the problem is, people have forgotten and are struggling with their own self-identity and so look for external titles for approval of themselves, which resides in the alpha roles and on a lesser basis, the beta roles. If you cannot self-identify yourself here and now, how can you expect to evolve into a higher being? You can't, no matter how many labels and titles people collect for their egos, none will serve you too well onto the higher path of soul evolution. So, once you have gained control over the mind and you have embraced the sigma role, the next stage in my opinion is, the higher sigma stage. The higher sigma stage is the inner sword we have discussed in many shows, once you have cleared the throat chakra and opened up the heart. I would suggest that is a three stage process as well, like the lower sigma mentioned in the previous Blueprint show. With the control taken back of the mind from the MK Ultra programming and subversive practices designed to get you to conform to lunacy, you are well on your way to self-identifying yourself. No longer are thoughts not your own and even if they aren't



yours, you have more awareness of who and what you are, to deny consent to them. The mind is an electromagnetic receiver via the senses, using vibration, ears and eyes to deliver the data your way. But you have forgotten to filter it, where is your firewall protecting it and you? And so they deliver the sermons of evil all day every day, until you learn to identify the self and then protect it. The next stage of that is, to open the throat chakra and many of us in the Alternative Media have been shut down vocally, by the children who are frightened of the truth. Yes most adults are children, terrified of veering from the lie and the dark forces narrative. Wearing their slaves suits proudly because they have been good little citizens, in servitude to their fake saviors. The next stage is to open the heart, it is not as easy as people think. As hearts in many people have been closed, not by all men are bastards or that all women are bitches, but by yourselves. Why? Fear, the heart doesn't do fear, only love. Fear comes from the mind. Truly opening the heart is not dependent upon having a partner, it is about you developing it with or without a partner. It is your heart and soul package, it is for you to protect it, ultimately with the sword, but also with the ways you operate. The truly open heart does not deal in ego, fear, lying to the self, lies in general, as the truth must prevail. This when mastered leads to better discernment, because it will tell you the problem if you will listen. Discernment in the mindset is a 50-50 lottery game, depending on which hemisphere is operating in the higher range at that moment in time. The heart will still tell you the problems, but the mindset person will always tend to overrule it. Once this stage is completed you are now on the path of the higher sigma, the Divine Masculine or Feminine and onto the mental planes towards the path of the gods. To sustain that you need other traits, most of which will fit in with the sigma lower and higher stages. Truth, personal responsibility, higher love frequency, staying in the high vibration range, no lower vibrational traits and be 51% or more service to others. That figure of service to others, goes higher as you climb the mental planes. No warlike Alpha's or Beta's timid little me and limitation people on those stages, those traits and characteristics have to be discarded. The conveyor belt of linear time flatlined and we have to develop more people to inflate their balloons to rise onto vertical time. We have failed to produce none or hardly any developed beings on this planet for a long time and that has to change. But you have to change to develop you and create the higher evolved beings pathway this planet deserves. We need more sigma's, as the other two are fake or weak. Alpha and beta are mindset people, when we require heart centered sigma people. We need more Divine Masculine and Feminine to chart the path to a brighter future, not only for the individual themselves, but as the teachers of the slower ones further down the line. We need more gods and goddesses, that hopefully go on to learn the failures of the past and vow to never to repeat them again. We need more sigma's to raise the vibration, to anchor the frequencies and show the way. Ultimately that all comes down to you and your efforts, don't say you are sigma, just be it. The sigma's are the meek and the meek shall inherit the Earth. How long that takes? depends on all of you developing the self and then going onto teaching others how. The great question you will ask is, but how can we do that? I have just shown you again and the final song is always a reminder, it can't get any simpler, just follow your heart.