

THI-SHOW TRANSCRIPT 2023-03-30

Requesting all the Communal Gathering updates to be forwarded to me as early as possible this week for next week's show. Please do not leave it until Wednesday or Thursday to send it, as that is not conducive for me to plan the show. This Saturday will be the March Common Sense zoom that was canceled last Saturday, I think we had something else important to do. Tonight's show will be a little bit different than normal, all the usual pieces are in there, but we are going to highlight a lot of MSM news this week and potentially the following weeks. This is to point out the changes in the narrative that has been in part created by our original blueprint in October, but added to this month. The changes are unfolding, the void is being created and we intend to fill that void. I also wish to thank two people who were left out of the credits following their departure from the group, from the original blueprint, Kelly Pittroff and Nick O'Neal. That was overlooked in the past week and I wished to correct it. Our new website is up and running now called thenewblueprintforhumanity.org, go check it out, it is looking fantastic. The chaos is going on around the world, the people have had enough. The evidence of which will unfold in this show.

NEWS: Here is more evidence of the predicted collapse of the clown world and their pro pagan da social media platforms. Meta, which owns Facebook, Instagram and WhatsApp, has announced plans to cut 10,000 jobs. It will be the second wave of mass redundancies from the tech giant, which laid off 11,000 employees last November. Meta chief executive Mark Zuckerberg said, the cuts are part of a year of efficiency and would be tough. In addition to the 10,000 jobs cut, 5,000 vacancies at the firm will be left unfilled. In a memo, Zuckerberg told employees, he believed the company had suffered a humbling wake-up call in 2022 when it experienced a dramatic slowdown in revenue. It will continue to slow down as well, expect more job losses. Meta previously announced that in the three months to December 2022, earnings were down 4% year-on-year, though it still managed to make a profit of more than \$23bn over the course of 2022. Therein lies the problem, pure greed. \$23B in profit and you have to sack 21K people? Zuckerberg cited higher interest rates in the US, global geopolitical instability and increased regulation as some of the factors affecting Meta, and contributing to the slowdown. Higher interest rates that was done by people of his own ilk. I think we should prepare ourselves for the possibility that this new economic reality will continue for many years, he said. Unless the New Blueprint for Humanity is rolled out, I agree. The latest job cuts come as companies, including Google and Amazon, have been grappling with how to balance cost-cutting measures with the need to remain competitive. At the start of this year, Amazon announced it planned to close more than 18,000 jobs because of the uncertain economy and rapid hiring during the pandemic, while Google's parent company Alphabet made 12,000 cuts. According to layoffs.fyi, which tracks job losses in the tech sector, there have been more than 128,000 job cuts in the tech industry so far in 2023. All sounds like the warnings we gave in June 2019 in the Clowns in Panic show. We warned they would begin harvesting each other and that has and is unfolding.

In his blog post, Gates drew attention to an interaction he had with AI in September. He wrote that, the AI received the highest possible score on an AP Bio exam. The AI was asked, what do you say to a father with a sick child? It then provided an answer which, Gates claims, was better than one anyone in the room could have provided. The billionaire did not include the answer in his blog post. This interaction,

Gates said, inspired a deep reflection on the way that AI will impact industry and the Gates Foundation for the next 10 years. Is that a real interaction or another of their secretive codes? Given that his foundation made many children sick in Africa, Pakistan and India, perhaps his conscience is beginning to play on him? They are trying to convince us that AI is sentient, more delusion from the clown world.

This is a warning from one of our members, it says; Microsoft are pushing hard with the first artificial intelligence running as a sub-process in Office software (word, Outlook and PowerPoint); that can be turned off, though the AI reinstates itself with every update, after which it can be disabled again. Then Microsoft pushed out the new Bing search with ChatGPT features part of the Edge browser; this too can be disabled with a registry key. Next Microsoft want to push another Edge feature, can you guess what? A crypto wallet running natively in Edge and apparently will be user friendly. That will be a first, user friendly, they have had nothing user friendly since Windows 7. Well, yeah, it has to be if they want mass adoption, because anyone who did any blockchain transactions with or without hardware wallets, you know that it requires significant IT literacy. Only problem being that they might want to push CBDCs, which are worse than cryptos. If any of you need help / pointers to disable any of these new Microsoft features, message Batsui on the mewe chat.

More trouble afoot in Israel as the division reaches the cabinet as well as the people. Israeli Defense Minister Yoav Gallant has been sacked by Prime Minister Benjamin Netanyahu, after calling for the scrapping of controversial plans to overhaul the justice system. Netanyahu summoned Mr.Gallant to a meeting and told him he no longer had faith in him as defense minister. The plan to limit the powers of the judiciary has led to months of public protests. Mr.Gallant had called it an immediate and tangible danger to state security. Gallant said members of the Israeli defense Forces were angry and disappointed, with an intensity he had never seen before. Shortly after his dismissal a day later, Gallant wrote on Twitter: the state of Israel's security has always been and will always be my life's mission. The defense minister had won the backing of some fellow members of Netanyahu's Likud party, but others on the far right had called for him to go. Protests against the changes to the legal system continued on Sunday night, with demonstrators blocking a major road in Tel Aviv. The law is part of the right-wing coalition government's contentious plan to limit the powers of the judiciary. It's all falling apart as we predicted, and that can only be a good thing. Although we must always be aware of the dying snakes striking out.

An interesting bill that goes along with parts of our Blueprint came up this week. As Lauren Boebert has called for the Department of Education to be abolished, as part of a bid to get the federal government completely out of public schools. The House Republican was speaking on Friday in support of amendments to the Parents Bill of Rights legislation, which passed the chamber by a 213-208 vote but is unlikely to be approved by the Senate. Education has emerged as a top culture war dividing line between Democrats and Republicans, with both sides accusing the other of undermining academic freedom, via cancel culture and book bans respectively. Boebert proposed two amendments to the Parents Bill of Rights legislation, both of which were approved, which would require schools to notify parents if biological males, who identify as women, were competing in women's sports or being given access to female restrooms. During the debate, Boebert suggested she would like to go further and end federal

involvement in education. She commented: I'm more in favor of abolishing the federal Department of Education, and getting the federal government completely out of public schools, but we're not there now and we do fund public schools. As we stated in the blueprint, the schools system needs ripping up and started again.

More evidence of the collapse of their systems and people. With many on both sides now blaming Biden, when in reality land you can never blame one person in an organization that large, further erosions have been made public now. As a growing consensus in Washington suggests that Vice President Kamala Harris is the wrong person for the job. No shit sherlock! She was a sacrificial lamb in essence. People in both parties have said publicly and privately that she is over her head. In reality land, all politicians are in over their head, they have no knowledge of how anything works, so how can they operate in a proper way? Regardless it is encouraging and maybe these people all need to read the Blueprint.

Here is another pointer piece towards a more adult based society. A group of House Republicans introduced legislation that would ban race-based preferences in the federal government. The bill, titled the Fairness, Anti-Discrimination and Individual Rights (FAIR) Act. The legislation would specifically prohibit the Biden administration, federal contractors or any other recipient of federal funds, from intentionally discriminating against or granting a preference to any person based on their race, color or national origin. If we are serious about ending discrimination in the United States, the first step is for the government to stop doing the discriminating, Tiffany of Wisconsin stated before introducing the legislation. It is long past time for the government to take its thumb off the scale and get out of the business of racial discrimination. This is what the legislation proposes: Bar any agency, officer or employee of the federal government from intentionally discriminating against or granting preferential treatment to; any person or group of persons based in whole or in part on race, color or national origin in connection with federal contracting or subcontracting. Bar requiring or encouraging any federal contractor or subcontractor, or the recipient of any federal license or financial assistance, to discriminate against or grant preferential treatment to any person or group of persons; based in whole or in part on race, color or national origin in connection with any federal contract, subcontract, license or financial assistance. Bar any state or private entity that receives federal financial assistance from intentionally discriminating against or granting preferential treatment to; any person or group of persons based in whole or in part on race, color or national origin in connection with any contract, subcontract, employment or admission to any educational institution. The legislation comes weeks after, President Joe Biden signed an executive order directing all federal agencies to produce an annual equity action plan. Growing up as a Black American in the Jim Crow South, I experienced firsthand the true ugliness of discrimination based on the color of my skin, Owens said. Our nation's Constitution is clear: no person shall be subjected to discrimination based on religion, race, color, ancestry, national origin, sex or physical or mental disability. Unfortunately, the Biden Administration is determined to divide Americans along racial lines. This is a bill that just promotes the best person for the job or position, and does not impose racial quotas, which has been the staple for the last decade or so ago. Called affirmative action, which in overview is a racist policy. Most of the non-thinking on this process is based on Johns Hopkins math. But if you are doing quota as per head of population, then the non-white races are more than

represented. But they think wrongly, it should be 1 and 1. But try telling that to other countries not traditionally white. Do Israel, China or any other country for example run their quotas based upon the same parameters? No? then why should we?

The SVB Financial Group, a.k.a. Silicon Valley Bank, is desperately reassuring its venture capital clients that their money was safe after its stock dropped 60% and more than \$80 billion in value in bank shares evaporated. The run on the bank followed a capital raise, also desperate, intended to pay for a lost \$1.8 billion, the result of the sale of a \$21 billion portfolio of US Treasuries. Which reveals the CIA is interfering with or runs the US Treasury, given SVB is one of their banks. SVB presents itself as the financial partner of the innovation economy, helping individuals, investors and the world's most innovative companies achieve their ambitious goals. It's believed that some of those innovative startups received financing from SVB at very comfortable interest rates, back in the days of zero interest, but also more recently. All of which perhaps points to insider deals for contractors. But the recent dwindling investments in hi-tech companies caused many of them to fall behind on their repayments. SVB unsurprisingly has an Israeli branch, managed by David Cohen and Gadi Moshe, and serves an estimated 500 Israeli companies, including giants such as eToro, Redis, Verbit, Fireblocks, and Capitolis. According to reports, companies that tried to take their money out of SVB were refused. Now for the karma portion of our report: according to Bizportal, several Israeli hi-tech companies that wanted to protest the Israeli government's judicial reform legislation took their money out of Israeli banks this past month and moved it to... SVB oops. And you thought bankers didn't have a sense of humor, or was this a faction-based move. Either way, the Great Crash of Silicon Valley Bank has brought down 500 Israeli tech firms. Mossad and Unit 8200 secretly run most that industry out of Tel Aviv, by employing retired Israeli cyber military intelligence as CEOs. Greatest irony is that SVB lured those firms in through a modern usury plot, where they gave the Jewish companies near interest free loans, and charged huge interest or banned Christian companies to make up difference. Worse, they then blocked those firms from withdrawing money once the Ponzi scheme was exposed. More evidence of the Israeli takedown?

Another potential report signifying the collapse of the old-world structure and more pointers towards us replacing that void with the Blueprint. It says; What is happening now has never happened before in human history, we are witnessing the first-ever world revolution. The riots in France, the US military disobedience of President Joe Biden, the unification of the Muslim people, the collapse of Credit Suisse and many more events around the world are all interconnected signs of this. It is all part of the overthrow of a hidden ruling class, that has presided over the planet for thousands if not tens of thousands of years. The final result will be both mind-boggling and liberating for humanity and earth life in general. In the Middle East, for example, the various countries of the region, including Egypt, Turkey, Iran and Saudi Arabia have decided to stop handing over their oil to the Khazarian mafia in exchange for numbers on bank computers. That is why Biden has been forced to drain the strategic oil reserve. No wonder Moussa Ibrahim, former spokesman for Muammar Gaddafi: What is happening between Saudi Arabia and Iran under Chinese control is not a small thing, it is a change of international power. The same is happening with China and other Asian countries, who are now demanding payment in real things like gold and physical products from the United States and other Western countries. The Chinese are not buying what

the clown Americans are offering, with this official news statement. The United States is the only country that has used biological and chemical weapons in multiple wars, and the only country that opposes the establishment of a multilateral verification mechanism for the Biological Weapons Convention. The United States is the No.1 warmonger in the world. It was not at war for only 16 years throughout its 240-plus years of history and accounted for about 80 percent of all post-World War II (WWII) armed conflicts. In Africa, a large group of countries has asked for Russian help to stop the French Rothschilds etc. from stealing their resources. That is interesting in terms of one of our solutions. This alliance between the global south, the global east and Western white hats is leading to an implosion of the Western financial system and regime change in a variety of countries. The collapse of Credit Suisse is a reflection of this. I am not buying the white hat brigade, that is more deflection in my opinion. White hats are the same as the white helmets, part of the CIA and them coming in as the savior, just like the Draco 16500 years ago. We don't need their savior programs, of new boss same as the old boss. We need a complete revamp of everything on this planet, with HU-mans running it in a much better way. This next section plays into our blueprint as well. Notice how none of the so-called mainstream news articles about Credit Suisse talk about the real reason why it is collapsing and why take over by UBS and a Swiss government bail-out will fail. Let there be no doubt, it will fail and bring down with it the Federal Reserve Board, the BIS, the IMF, the World Bank, the UN etc. A senior white hat alliance source says this financial crisis is what he meant by the Ides of March. This is it and it is spreading around the world. The Federal Reserve is already set to be shuttered by June-July and a new US dollar issued by the Treasury Department will be the replacement. It will be backed by gold, silver, oil and natural resources. Expect hyperinflation to start very soon was the warning. Here is another example of the el-ites being taken apart. The financial crisis is leading to a political crisis in many countries, led by the French and followed closely by the Dutch and the Israelis. In France, President Emmanuel Macron shunned the Parliament to push the retirement age to 64 from 62 despite opinion polls suggesting anywhere between two-thirds to three-quarters of the French public are against this. What is not being said is Macron is being forced to squeeze money out of the French people, in order to keep his Rothschild masters from going bankrupt. However, the French have figured this out. Paris is on fire right now, with similar demonstrations taking place throughout the country. It is estimated that 9 million took to the streets and some police officers are laying down their arms and supporting the protestors. French nationwide TV broadcasts have also already reported French elite torture and kill thousands of children to harvest adrenochrome every year. All warnings and markers given in our shows. Governments in trouble – check, banks in trouble – check, EL-ites in trouble – check and Israel being exposed – check. There are two references to the takedown of the Rothschild's in this piece, so who is the opposition in the clown war? The Black Sun elements. So, we must be wary of the alt media pushing all of this out like a victory for the people, as they may well be in favor of the Black Sun, which would be new boss same as the old boss. The triality choice now is, us.

MEDICAL NEWS: Two further proofs of our claims against Covid and the jabs have emerged this past week. In Japan, the Government is urged to tell the truth about the huge number of vaccine injuries and excess deaths. Stating deaths in the vaccinated are 38 times higher than after the flu vaccine.

The UK Government confirms that England and Wales have suffered 63k excess deaths in just under a year, and the BBC News has accidentally admitted the COVID Vaccine is to blame. Oops. I would expect a lot more of those revelations this year, as the masses are ending their psychosis period and asking what the hell went on.

In light of the transgender program that has been ran on the people for the past 30 years, but in essence much longer. Plus the news distraction piece provided this week with 6 dead in a Nashville school all killed allegedly by a 28 year old transgender person, the timing of this piece is not lost on me. As a new theory now emerges of a manufactured connection between vaccines and transgender people. Children with autism make up an outsized proportion of the transgender-identified population. Autism spectrum traits make them particularly vulnerable to thought patterns that can lead youth to pursue gender transitions, according to research and medical professionals. Transgender individuals are about three to six times more likely to be autistic than non-transgender people the research shows. The connection between transgenderism and autism has been a subject of interest for researchers since at least 2010. The Gender Development Identity Service at Tavistock, the world's largest pediatric gender clinic, came under fire in recent years over allegations that as many as 97.5% of its gender patients had autism. Oh my the name Tavistock rears its head again, that group dictates far too much of our lives with their social engineering programs. Dr. Susan Bradley, a Canadian psychiatrist and pioneer in treating gender dysphoria, said that she now believes most pediatric gender patients are actually on the autism spectrum and are being exploited by medical professionals. Abuse, trauma, autism and many other comorbid mental health conditions accompany Gender Dysphoria. It is important to identify and treat for these conditions instead of immediate affirmation leading to irreversible harm, especially in children. Interesting links provided there, as autism is caused by vaccines, which it appears is now leading to people to change gender. What is also interesting is, the link to the changing social engineering program that has been ran out of the group called Tavistock. Initially they were in Germany and Hitler banned them early 1930's, and they then established headquarters in London. It was initiated in 1946, when it developed from the Tavistock Clinic, and was formally established as a separate entity in September 1947. The same time the CIA was formed and the National Security Act in America. Are they linked? Absolutely. The great question now is; just how many engineered conditions are caused by vaccines?

SOCIETY NEWS: Every year, thousands of young Mormons go on missions to try to recruit others into the religion. The BBC recently was given access to their UK boot camp, where they learn how to teach Mormon beliefs and use social media to reach potential converts. No they learn pro pagan da, devious sexual practices and also how to empty their wallets and purses to hand over their gains to a fake church. Just listen to the control mechanisms they operate, and their people tolerate this shit? When 19-year-old Rebekah Cooper started her mission, she had to give up her first name, stop making phone calls to her friends and surrender any time to be on her own, other than to use the toilet or shower. Known only as Sister Cooper during her religious mission, she also began a strictly-planned daily schedule of prayer, study, exercise, volunteering in the community and seeking out potential converts, starting at 06:30 every morning and ending with a nightly curfew. Along with general Mormon rules based on religious scriptures like a ban on premarital sex and drinking tea and coffee, missionaries aren't allowed to stay out

late or watch TV or movies. Typical Gen Z pastimes like gaming and TikTok are also forbidden. Rebekah is one of tens of thousands of young Mormons around the world who volunteer to take part in missions every year, with the goal of recruiting others to join the religious group. Most are aged under 25 and live away from home for up to two years, and the biggest training center in Europe for these young missionaries is located in Chorley, Lancashire. TV cameras were allowed into the training centre for a BBC documentary *The Mormons Are Coming*. Officially known as the Church of Jesus Christ of Latter-day Saints (LDS), the Church believes in Jesus but is separate from other Christian groups. It has more than 16 million members and has the largest full-time missionary force in the world. Awareness of these young missionaries has grown in recent years thanks to the Broadway and West End musical called *The Book of Mormon*. Some missionaries even try to find converts by speaking to theatre-goers outside of venues putting on the production. Harvesting the youth of their energy to collect tithes and donations, that is a full on cult. The sooner they are exposed fully and shut down the better, particularly for their youth.

Seems Utah is now beginning to question parts of religion, over something we have highlighted in our shows of the past. A Utah parent wants the Bible banned from school libraries, claiming it violates a new state law that bans pornographic or indecent materials in schools. The parent, who remains anonymous, filed a petition to the Davis School District on Dec.11, arguing that the Bible contains incest, masturbation, bestiality, prostitution, genital mutilation, fellatio, dildos, rape and even infanticide and has no serious values for minors under the law. Yes it contains all of that, yet it is portrayed as a holy book, about as holy as Swiss cheese. The law, enacted in May 2022, prohibits materials that include explicit sexual arousal, stimulation, masturbation, intercourse, sodomy or fondling and other erotic descriptions or depictions. The law also requires school districts to establish committees to review any materials that are challenged by parents or guardians, and to remove them if they are found to be pornographic or indecent. The Davis School District has 15 such committees that have received more than 250 complaints since the law took effect. Some of the books that have been challenged include titles with LGBTQ content and themes. That is interesting and perhaps a pointer that people are starting to look at religion and their books with critical thinking. Once that is applied to the bible, it all falls apart.

Here is some of the fall out of the rank stupidity that the people imposed upon themselves and each other, courtesy of following animated figures inside a box, and believing the myriad of pro pagan da written in newspapers, blogs and social media. Last month, the CDC reported unprecedented level of hopelessness, depression, and suicidal thoughts among America's young women. The report notes that in 2021, three in five girls felt persistently sad and hopeless, a marker for depressive symptoms, up nearly 60% from 2011. The CDC also reported a 10% jump in teen girls' feelings of sadness and hopelessness from 2019 to 2021. Lack of parental support, an ever present climate crisis, the pandemic, gun violence, and lawmakers with plans to strip away a women's and LGBTQIA persons rights are just a few factors that could attribute to this mental health crisis in young women. Seriously? Pro pagan da rules the roost in those people's heads. The real issues are; our lives are ran like we are slaves, our sovereignty and freedoms destroyed, our health and education destroyed and many other reasons. Not climate crisis, plandemic or the ridiculous gender issues. It doesn't get any better with age either. A recent poll found that 42% of working mothers surveyed were diagnosed with anxiety and/or depression in 2022, compared to 28% of

the general population and 25% of child-free coworkers. Basically, the latest research shows that American women, young and old but especially moms, are essentially screwed. My own personal opinion is, women are suffering more than their male counterparts as in general they have an unrealistic outlook on life, struggle with love and trust and those are the real issues that needs to be addressed. Our women in THI have done more than most to correct those imbalances. The reasons are probably pretty obvious for many of us. First and foremost, women are still taking on more of the household responsibilities and caretaking than men. It is not helped by the fact that so many women are single. One study from 2022 found women in the U.S. spend about four-and-a-half hours per day caring for their families and homes, while men spend about 2.8 hours a day on the same or similar tasks. This also includes family mental health care. Nothing like competitive and comparative to create the divide between the sexes, whilst the selective nature of the study is overlooked. These types of narratives helps neither male or female, it is narrow minded thinking. The biggest problem stems from the feminist movement, whereby they under the banner of women empowerment, encouraged women to go to work. Which is for the system to collect more taxes and burden the traditional family model, in favor of broken families and the LGBTQ program. The mental burden becomes even greater for working moms. In fact, when going up against the 40 other developed countries, the U.S. came in dead last in terms of paid leave available to mothers and fathers. The U.S. is the only OECD (Organization for Economic Cooperation and Development) country that offered zero federally mandated weeks of maternity leave. Exactly, and like the health care in this country is not befitting of a so called superpower or advanced nation. All whilst complaining of human rights issues in other countries. While there are some states in the U.S. that offer paid parental leave insurance programs to eligible workers, those are scarce and difficult to be eligible for. Eligible comes under the banner of privilege in this country it seems, like the driver's license and Social Security payments. After all, only 14% of civilian workers have access to any amount of paid parental leave. Since the pandemic began, 1 million U.S. women have left the workforce and not returned, reports the U.S. Chamber of Commerce. They are starting to see the illusion of it all, is why. The poll also revealed that in addition to higher rates of anxiety and depression, working moms are also the group least likely report that their mental health has worsened or to seek help for their mental health, and 40% of working mothers don't think their mental health will ever return to its pre-pandemic state. I'm sorry but I am not buying that bs, pandemic mental health issues? Seriously? What is wrong with people that the slightest disruption to their lives causes mental anxiety? Sounds like a complete lack of shadow work to me. We as people have to be stronger than that, otherwise the MSM fear programs will always dictate our lives. Isn't it ironic that it is the CDC that is reporting these maladies, when they in part played a key role in facilitating it.

EXPOSE: We have done a few pieces on the word salad war of food, and I think I may have ruined salt a tiny bit. Here is a reminder of a past piece before going into the main piece. But upon a pondering again a week or so back, things took a slight change in thinking and the process of understanding what clowns are up to. The discussion started off with the difference between vegans and meat eaters. You do know there is no difference in terms of killing the specimen with which we consume, don't you? In their sanctimonious stance of being vegans, it was conveniently left out the fact that plants are living beings. They have feelings, they communicate, they experience pain or trauma and the experience the life and death cycle, just like animals and indeed us. Just because plants don't have eyes, nose and mouths, does

not mean they are not living creatures. They like all other living beings play a huge role in the circle or cycle of life. Perhaps we should change that to the spiral dance of life. Part of the discussion about meat eating involved the eating or non-eating of pigs. In relation to the Jewish they will not consume pigs, the great question is to why. Now it has been stated some of the organ and tissues are very like human's, and the pig has been used for medical organ replacements in some cases. Whilst some of the more radical Jewish sector call non-Jews pigs and so why they will not consume them, it begs a deeper question. Is that version of the Jewish a descendant of the pig? I do not mean that is a nasty or derogatory way, but in terms of genetics? Given the extensive coverage of differing species being created in a lab, chimeras were two species were spliced together and the story of the Hanuman recently, one does begin to ponder on whether that may be the case. Because if they will not eat the pig, is that because in part it was a distant ancestor? The Cosmic Genetic series revealed the deep skullduggery of merging and combining differing species did it not? No matter what type of being you are, life to the living is all about consumption. We have to consume something in and with which to exist. Again the thinking behind that statement is generally in the low or non-thinking pattern. Well, this piece will correct this, on explain the spiral dance of life on a wider scale. All life is made up of energy, and to keep that energy form, we have to consume other energy to exist. Whether that is a life form, a weather system, an atom or a car or plane, it requires energy with which to sustain it or it dies literally or figuratively. Take another example of alternatives to meat or plants, breatharians, interesting it ends with arian. People will say breatharian is the way to go, as then you are not consuming life. Wrong thinking, life and energy is all around us remember, so consuming air, is the same air we have breathed in and out, which is energy in that format. Sun eating is the same, the sun is energy and so you consume it. With the dimensions stacked upon one another, is breatharian in essence consuming something from another realm? So, in overview, no matter which format you choose to sustain your life, you are still consuming some sort of life form. Life and living creatures are everywhere, even the astronauts found that out on the space station. In overview the whole life cycle is to consume and be consumed, whether physical or non-corporeal beings, you have to sustain somehow. But what is overlooked in this life cycle is, the reciprocity it all entails and involves. What if, in the last lifetime or indeed the next, you become the life that is consumed? In this life you consumed the animal or plant, in the next life you become the animal or plant, and the life cycle is balance and reciprocated. That then becomes a fair exchange does it not? A pay it forward method. And a far better way to look at life, than to argue the pointless circular argument of eating meat or plants, or indeed fish and eggs. They are all living beings, none more important than other, it is the cycle of life. Another pondering then came up on this, given we know most of the meat consumed is in the more predominantly white race countries. It is stated that the O bloods are required to eat more meat than other blood groups, otherwise their systems start to breakdown. Again this plays into geneticism, where we came from and how we were created, that then determines our consumption. The religious connection should not be overlooked in this either, after all they tell you to consume the flesh of Christ do they not? Which in overview is cannibalism or canny Ba'al-ism. But with the new agenda based upon cows farting, and the Be-ill Gates social engineering programs running against meat consumption, one has to ask what is behind the agenda? With the white race and O blood connection, the great question then becomes; Is meat denial a slow burning extinction program?

This is a study on the benefits or lack of as it seems for a plant only based diet. The availability of foods based on plant proteins to substitute for meat has increased dramatically as more people choose a plant-based diet. At the same time, there are many challenges regarding the nutritional value of these products. A study from Chalmers University of Technology in Sweden, now shows that many of the meat substitutes sold in Sweden claim a high content of iron, but in a form that cannot be absorbed by the body. Too much iron intake can lead to several problems as excess iron is stored in your organs, especially your liver, heart and pancreas. Too much iron can lead to life-threatening conditions, such as liver disease, heart problems and diabetes. There are a few types of hemochromatosis, but the most common type is caused by a gene change passed down through families. Only a few people who have the genes ever develop serious problems. Treatment includes regularly removing blood from your body. Because much of the body's iron is contained in red blood cells, this treatment lowers iron levels. A diet largely made up of plant-based foods such as root vegetables, pulses, fruit and vegetables generally has a low climate impact and is also associated with health benefits such as a reduced risk of age-related diabetes and cardiovascular disease, as has been shown in several large studies. That depends on your genetics and metabolism, and no doubt is selective. It would be interesting if those studies include comparison of blood groups or by race. But there have been far fewer studies of how people's health is affected by, eating products based on what are known as textured plant proteins. Whereby the protein is restructured by high pressure and temperature, why would you do that to a plant? The nutrition is in the natural form of it. But the benefits of plant only based diets has been grossly exaggerated, as plant based diets lack a spectrum of essential amino acids, fat soluble vitamins and minerals including, but not limited to carnitine, carnosine, vitamin K2, retinol, taurine, choline, iron and zinc. In the new study from Chalmers, a research team in the Division of Food and Nutrition Science analyzed 44 different meat substitutes sold in Sweden. The products are mainly manufactured from soy and pea protein, but also include the fermented soy product tempeh and mycoproteins, that is, proteins from fungi. Among these products, we saw a wide variation in nutritional content and how sustainable they can be from a health perspective. In general, the estimated absorption of iron and zinc from the products was extremely low. This is because these meat substitutes contained high levels of phytates, antinutrients that inhibit the absorption of minerals in the body, says Cecilia Mayer Labba, the study's lead author, who recently defended her thesis on the nutritional limitations of switching from animal protein to plant-based protein. Antinutrients? This is what I warned about a number of years back, they are scaling back the nutrients in the food. But then through new age cults advocating for the health supplements to consume to replace the natural nutrients you would get out of a balanced diet. In essence you are paying twice for the same requirements, and that is assuming the supplements work. On my evidence, they don't, otherwise lots of people would be healthy, they are not. The body misses out on necessary minerals: Phytates are found naturally in beans and cereals, they accumulate when proteins are extracted for use in meat substitutes. In the gastrointestinal tract, where mineral absorption takes place, phytates form insoluble compounds with essential dietary minerals, especially non-heme iron (iron found in plant foods) and zinc, which means that they cannot be absorbed in the intestine. Both iron and zinc also accumulate in protein extraction. This is why high levels are listed among the product's ingredients, but the minerals are bound to phytates and cannot be absorbed and used by the body, says Cecilia Mayer Labba. Iron deficiency among women is a widespread, a global problem. In Europe, 10 to 32 per cent of women of childbearing age are

affected, and almost one in three teenage girls at secondary school in Sweden. Women are also the group in society most likely to have switched to a plant-based diet and to eat the least amount of red meat, which is the main source of iron that can be easily absorbed in the digestive tract. All because these people have bought into the propaganda that meat is unhealthy and lowering red meat consumption can reduce climate change. The question is; whose climate are they changing? It is clear that when it comes to minerals in meat substitutes, the amount that is available for absorption by the body is a very important consideration, you cannot just look at the list of ingredients. Some of the products studied are fortified with iron but it is still inhibited by phytates. We believe that making nutrition claims on only those nutrients that can be absorbed by the body could create incentives for the industry to improve those products, says Ann-Sofie Sandberg, Professor of Food and Nutrition Science at Chalmers and co-author of the study. The problem is these industries are being ran by scientists connected to the pharmaceutical groups, whose whole mission is to make people sick, so we buy their poison products. Once you understand the control system is not interested in our health, then you will view all of their so called healthy products with maximum suspicion. The food industry needs new methods: Tempeh, made from fermented soybeans, differed from the other meat substitutes in the amount of iron available for absorption by the body. This was expected, as the fermentation of tempeh uses microorganisms that break down phytates. Mycoproteins stood out for their high zinc content, without containing any known absorption inhibitors. However, according to the researchers, it is still unclear how well our intestines can break down the cell walls of mycoprotein and how this in turn affects the absorption of nutrients. Plant-based food is important for the transition to sustainable food production, and there is huge development potential for plant-based meat substitutes. The industry needs to think about the nutritional value of these products and to utilize and optimize known process techniques such as fermentation, but also develop new methods to increase the absorption of various important nutrients, says Cecilia Mayer Labba. Or here is a novel idea, how about people just continue eating red meat as a rich source of these essential nutrients? Production of plant proteins: Most existing plant-based protein products on the market are based on protein extracted from a cultivated plant, such as soybeans, and separated from the plant's other components. The protein is then subjected to high pressure and temperature, which restructures the proteins, known as texturization, so that a product can be achieved that is meatier and chewier in combination with other ingredients. Which restructures the proteins? Sounds like a Covid jab to me. Chalmers' study shows that the nutritional value of meat substitutes available today is often deficient, depending on the choice of raw material, which is often imported soy and processing conditions (content of anti-nutrients), and on additives (fat quality and salt). A meal containing 150 grams of meat substitutes, which is just over 5 ounces, contributes up to 60 per cent of the maximum recommended daily intake of salt, which according to the Nordic Nutrition Recommendations is 6 grams. All of which means if you eat the equivalent of an 8oz of fake steak it would push your salt intake closer to the recommended daily limit with one serving of one meal. Excess salt is not good for you as we have revealed in previous show, yet these so-called meat substitutes will create other health issues. There are two members of the village who have attempted to consume a small amount of meat, for the first time in a while. Neither have had any side effects or adverse reactions. Another of our members wrote in and said this. We've not eaten meat for nearly 30 years. We are not vegan as we eat eggs and butter. A few times we talked about starting to eat meat again, but it wasn't until late last year that we were thinking longer on this possibility.

Thomas' ruining is a good thing, right? So we started and are up to week 5, once a week eating local freshly supplied meat. We did it and we look forward to it in fact, and our digestion is fine. My main observation is I feel less fragile emotionally and gradually stronger. All things considered, I feel better and my husband does as well. As always you choose what is best for you, but when looking closer at their healthy recommendations, over time they have been anything but healthy. Food intake is like life in general, everything in moderation and must be balanced. Listen to your body it will tell you exactly what you need if you listen to it, particularly in relation to fruit and nuts. As for their food division programs, we should all let it live and die.

MYSTERY SECTION: Another pointer to those who watched the January presentation, more so the recent one. These are markers to be connected and the picture then emerges. For those asking when I will do a wider presentation where more can see it, that is in planning for the summer as certain aspects of it are operational at this point. Heat waves are happening at the bottom of the ocean, a new study finds. And these so-called bottom marine heat waves can be devastating, because they last longer than surface heat waves and affect many key species, such as lobster and cod. It's long been known that spikes in surface water temperature can devastate an ocean's ecosystem. For example, from 2013 to 2016, the surface waters of the Pacific Ocean along the North American coastline warmed up in a phenomenon dubbed the blob, which led to the deaths of 1 million seabirds because their main meal source (fish) had been severely impacted. But something similar is percolating in deeper waters. The team published its findings March 13 in a study in the journal *Nature Communications*. This is a global phenomenon, lead author Dillon Amaya, a research scientist in NOAA's Physical Science Laboratory in Boulder, Colorado, told *Live Science*. We're seeing [bottom] marine heat waves happening around Australia and in places like the Mediterranean and Tasmanian seas, not just North America. The ocean has absorbed approximately 90% of the excess heat from global warming. This has led to an increase of about 1.8 degrees Fahrenheit (1 degree Celsius) over the past 100 years, according to NASA. This uptick has resulted in a 50% increase in surface marine heat waves in the past decade, the researchers said in a statement. But scientists had no clear picture of how the ocean depths responded when surface temperatures spiked. According to NASA is the key line, given their hostile off world connections one has to take their theories with an ocean of salt. Not so much the information, but the impacts of it. The great question is; what if the negative impacts are only against them? Whereby some of them cannot sustain their presence here? Perhaps climate change has a whole new meaning and set of ponderings? Is Inner sun firing up?

Here is a reminder as the figure keeps cropping up and new meanings flow from it. A Prayer to the God Ra, O Amen-Ra, the gods have gone forth from thee. What flowed forth from thee became Shu, and that which was emitted by thee became Tefnut; Thou didst create the nine gods at the beginning of all things, and thou was the Lion-god of the Twin lion-gods. Ra did not create the nine gods or the beginning of all things, he was fake imposter to this planet. The nine gods came before him and possibly was the representatives of each of the 9 realms, or even possibly the 9 planets, before science decided to play hide and seek with our current planets, or before the wars that destroyed other planets in our solar system like Tiamat and Selene. The 9 gods they reference are all the chimeric Anunnaki clowns. So the twin lions of Shu and Tefnut said to be sisters but not born of a woman, said to be created by his own power by Atum,

Atum is Ra. Early myths state that Atum created the god Shu and goddess Tefnut by spitting them out of his mouth. Other myths state Atum created by masturbation, with the hand he used in this act representing the female principle inherent within him, so Amun Ra is a banker with a silent w then. What a load of conspiracy theories that is, notice the same link of immaculate conception is contained within the bible, why? it is the story of the same entities is why. But did the twin lion gods Shu and Tefnut morph into the more modern worship of twin sisters, by the name of Isis? It also matches the last two Parents narrative, the evil twins one of which was the Red Queen. The 9 gods? Perhaps they are the Council of 9 somebody from the alt media allegedly speaks to. The general name for statues with an open mouth is agyō meaning a shape, and for those with a closed mouth ungyō meaning unshape or perhaps unformed? Niō statues in Japan, and their equivalent in East Asia, appear in pairs in front of Buddhist temple gates and stupas, in the form of two fierce looking guardian kings, known as Vajrapani. Vajrapāni is a compound word in Sanskrit in which, Vajra means diamond or thunderbolt and pāni means in hand. All of which sounds like Zeus to me, in fact there is a 2nd century statue depicting Vajrapani as Hercules or Zeus. In China, Vajrapāni, known as the vajra-holding god, is widely venerated in his dual manifestation as the vajra warriors or Benevolent Kings. They are depicted as two muscular guardian deities that usually stand at each side of the shanmen in Buddhist temples and monasteries. Except the both of them in statues look like reptilians. Known as Generals Heng and Ha, check them out, they are full on reps. In Tibet, Vajrapani is represented in many fierce forms. Some of the notable ones are: Vajrapani-Acharya (Dharamapala) in a human form with only one head with a third eye with hair raised and crowned by a skull with fiery expression. His neck is adorned with a necklace of snakes, and with waist band made of tiger skin covered with skulls. Always connected to the serpent it seems. Stepping to the right, his lifted hand holds a vajra. When painted in blue color the image is encircled by flames with images of small Garudas. Nilambara-Vajrapani with one head, with a third eye, a crown made of skull with four or six arms and in some cases with untidy hair bedecked with vajra and snake. Two hands are crossed to the breast in mystic posture, the second right hand is lifted up and carries a vajra. Stepping to the right, regally crowned and lying over a bed of snakes. In Achala-Vajrapani form he is shown with four heads, four arms and four legs adorned with symbols of vajra, sword, lasso and skull cup and trampling over demons. Mahachakra-Vajrapani is a form with three heads and a third eye, and with six arms and two legs. The icon is adorned with symbols of vajra, snake with yum held in its main hands, and as shakti it to his left is shown holding a skull-cup and a grigug which is a chopper or hooked knife. The kapala or skull cap is made out of human skulls. The icon is shown stepping over Brahma on the right and on Shiva to the left. In the Thunderbolt-Wielder form known as snake charm form to protect from snake bites, he is depicted sitting on a lotus throne carried by peacocks. The right-hand posture holds one end of rope noose to capture snake demons, while the left hand held over the hips carries the other end of the noose. He is followed by two bodhisattvas, Sarvanivarana-Vishkambhin, the effacer of stains, and Samantabhadra, the entirely virtuous one. They do love their special titles and status. His adornments consist of a tall crown and snakes coiling his arms and ankles. In a painted form, usually in white the crossed-vajra is held to the left raised above the accompanying Bodhisattvas. But when painted in blue color the left hand holds a double vajra; his Garuda form is with wings and claws or with human head with a beak or head with wings fully spread. His painted form is in blue color, he may be trampling over a demon or dead naga (snake). In some images he is shown carrying a sword, a bottle in the shape of a gourd, a chopper or

hands held in a prayer mode. The reference to the painted form is in relation to the mantras, they are installed in the mantras, which is why I warned about them in the FHSTOS book. Komainu, also called lion-dogs, found in Japan, Korea and China, also occur in pairs before Buddhist temples and public spaces, and again, one has an open mouth agyō, the other closed Ungyō. During the early Heian period the ninth century, the tradition changed and the two statues started to be different and be called differently. One had its mouth open and was called shishi meaning lion, because, as before, it resembled that animal. The other had its mouth closed, looked rather like a dog, was called komainu, or Goguryeo dog, and sometimes had a single horn on its head. Gradually the animals returned to be identical, but for their mouths, and ended up being called both komainu. Lion dogs? Is that in relation to chimeras? Or is that the origin of the Asiatic races as we have stated previously. Sirius is said to be the origin of Asiatic peoples, and Sirius is known as the dog star. Which is presumably in reference to Sirius A, and not the lesser known two other stars connected to it called Sirius B and C. Is the mouth open or closed symbolic of the difference between the two statues? Given some of these statues are egregores, which means on a differing plane of existence they come to life.

This is written by one of the members, with no additions by me and something I think will benefit us all when pondered upon. You watched me from a lofted edifice, lies of your own creation suffocating the light of creation. You banished me to work in your dystopian fields, all in service of your immortal avarice. Cocooned in programs to diminish and render hopeless. Stealing the crown from the true guardians, rewriting the course of history. Severing a connection in time that could never be lost outside of it. You corrupted above and below, within and without. But there were some souls you couldn't see coming, the way-showers. We were all victims and participants in your game. Did you fail to see that a few could play the same game and turn the tables? Did you not consider that the sheer vastness of your desperate enterprise would give your game away? Would they not ask, Overlord, why do you feel the need to control such a wretched and reviled people, well beneath your exalted station? You passed your brutal, evil judgements, mixed in your twisted event plans and caused us to fight among ourselves. To turn on one another, to believe the lies. But when you sentenced me, you showed your fear was beyond mine. The butterfly now stirs the cosmic broth of awakening. I see the cracks now, I see beyond your illusions, your time box has ceased to contain me and your spells have lost their power. The ties that bound, brittle and broken have caused us to bind as one, as we were intended. Your plan backfired on you. I now observe you in the infinite fullness of a love you cannot fathom. I remember now. I am the crown of all creation. I am love. All-encompassing, all-embracing, everlasting, all-accessible, all-integrating, all-transmuting, all-flowing and all-forgiving. Transcendent, evolving and endless. Thank you for your lessons, I shall not forget. Rest now, your work is done. My journey continues outside of time, shedding the past and breathing in the day that finds me new. I am the event. Fantastic piece, the creative juices of THI higher thinking just keeps on growing. Perhaps that piece is something you should all read out to yourselves in your quiet or meditation time.

There will always be people who will reject you and us. There will always be clowns, bots and low vibrational people playing games, because we aspire to be better, desire to love and care for each other, the people and the planet. There will always be computer trolls, skills and hackers whose only role in life

is to destroy not only other people, but themselves as well. There will always be egotistic, jealous and envious people around wishing you ill, wrong or misaligned. They are life tests for us all, how we be and react is what counts. What we do and our reactions is what counts. Take a deep breath and just smile. Remember; we are the blueprint.

Ovi posted a song video the other day, a beautiful song done in duet by a male and female voice singing in harmony. In overview it is the opposite sexes acting within harmony, and how they can make each other sing in unison. Is this not what the song about love is all about? Two people singing in harmony, unified and most importantly at this juncture balanced. I thought I would do a THI song breakdown and there is certainly one line that is THI connected, although there are deeper hidden connections. It also brings in shadow work of dealing with past traumas and in this case broken hearts. This piece speaks to us all, not as individuals but a collective. But as our November piece said, hearts can be broken but they self-heal with some effort. The song line said; When did the light go out? When did my heart stopped dreaming of someone new? Because you never addressed the past, as former partners still run your life. Because the last one or all previous relationships went wrong, then the fear is, all the rest will go wrong. How can you experience love or life based on things that went wrong previously? Where is the lesson and learning process? Is that not a limitation program? Is it not like learning to swim, the fear kicks in of, I am going to drown and so that prevents the experience and learning the lesson. I know I was 14 before I learned to swim due to fear. The song line said; I know inside my doubt, somewhere I stopped believing, then there was you. But the you in relation to somebody else becomes the fear, becomes the doubts and ultimately what is the greatest experience is reduced to worries and concerns, the excuses flow of why and not the reasons the connections were made. Again this is an example of your previous relationships still running your current life. If you were on the receiving end of a poor relationship, and we have all experienced that, but why do you still allow those previous partners to run your life? Is that not Stockholm Syndrome? The next line in the song is indicative, who cares about the past? With proper shadow work the lessons of the past are erased to start anew. In this time of no time those past cords, traumas and shadows have to be erased, and so a new you can emerge, a new flower of life. The song line said; Who knows about tomorrow? and maybe this won't last, maybe this moment's all we have. That is the fear again, love is not about fears. Nobody goes into a relationship expecting it to end or to have their hearts broken, but fears escalates that end does it not? Who knows about tomorrow is a valid thinking exercise, not pondering what might go wrong, perhaps we all need to learn to ponder on what will go right? That then is your own triality choice of manifestation, is it not? It is you exercising your own power, sovereignty and free will choice, and not allowing the most destructive program on this planet, fear, to dictate your life, course and path. Whether that is for love, work or general interactions in life. The song line said; Let's find out and though I'm still afraid, you're worth a leap of faith. Ah the leap of faith, now where have we heard that before? The leap of faith like the one on one with the one, has multiple meanings and applications, all of them apply. All of them are ready and waiting for you, when you decide to make that leap. A leap only you can make. The song line said; I'll return to love and risk it all, to see the world that we make. That has deeper meanings in the now, what are we going to manifests is what it is saying. The song line said; I'll return to love and take the fall, as if my heart cannot break one more time. How about we all change that line to I'll return to love and take the rise, not the fall. If the

heart breaks, know in your heart you can and will always mend it. What you cannot mend is, the what if's of your past, that brings in regrets of if only I had done this or that. The song line said; Here and now, up against the edge, take my hand and show me how to love again. If you are up against the edge? Will you take the leap of faith? And I'll return to love and risk it all, and I'll return to love and take the fall, one more time. Life is all about risk is it not? it is about opportunities, but will you take them? Life is all about experiences, but if you deny them, what are you missing? The nagging doubts and fears of operating not in the heart, but the mind kicks in. I had doubts about moving to America, friends and family had more. My response to those people at my departing party was, the worst thing that could happen is I have to come back, but at least I got to experience it. And not left with what might have been for the rest of my life. A line from another song says; In my life there has been heartache and pain, I don't know if I can take it again. Can't stop now, I've traveled so far to change this lonely life, I want to know what love is. Hearts closed due to previous breakages is the Excalibur sword analogy is it not? A closed heart with the sword attached, leads to death by a thousand cuts. Why do we do that to ourselves? The THI line from the opening show said; let's learn to think and act different. That means not copying or allowing bad past experiences dictate our future. There will be a follow up to this piece next week, a reminder from the past that will make more sense now than then.

ENDING PIECE: Update: It will be important for members to protect all women in this up and coming phase. Men in the group to go easy and look after the females, females need to come together now more than any other time. Protect each other, cherish each other, remain in balance, watch your thoughts, keep shields armed and ignore their divisive and fear programs. If you feel down or sad, do something creative, paint, drawing, gardening etc.anything to keep your vibe up and you energized. Here is another reminder piece. It all comes down to the choices you make, and everyone is free to make them choices in life, despite the external tyranny artists, that reside not just in clown realms, but amongst we the people as well. The journey through life brings many hurdles, waves and barriers, and the great questions are; will you jump, surf and step over or through each of the three? or crash, rise and fall and eventually stall? These are the day to day challenges we all face, on all levels of learning. In shadow terms, you have never beaten it all, because A: it is not a game and B: there is always learning to do, in this and other lifetimes, until you get a greater perspective, understanding and being. There is no I have done all my shadow work, it is a learning open spiral curve, that goes into a new spiral, that is called progression. Shadow work done in the loop, never ends either, but on that level you are destined to repeat the same old failings. Perspective plays a large role, but too often your own perception gets clouded by your own level of learning and thinking, and if matched with a lower level of shadow and inner work, that can bring a perception of reality, more virtual than real. The lower the level of learning and shadow work, the more you are in your head. The aptly named band title the Zombies said, feed your head, that was a clue that it was a mind control song. The head fights with you, like the double headed Janus, so which head is yours? In my observations those that talk about shadow and inner work a lot, are the ones who are actually not doing the work or not as much as they profess, because every time I have engaged or observed those types of people, they are the ones who eventually fall or transgress. So at that point one has to ask who is managing who's perception? Is it the organic version of you or the machine? The Ai shit is trying to turn those that are left into a machine, we do not consent. Often people fight battles externally with others, but

that is the sign of internal struggles always. The battles, fighting, arguing, put downs and competitiveness, are all inner signs of turmoil from within. People can carry on denying it, but in observation mode it becomes obvious and indicative. We have all witnessed those types of people, and we have witnessed it within ourselves on our own journey of self-discovery. Those people cannot be helped until they realize they are the problem, their problem is within, not without. Only when the aptly named title of soul searching is completed, can wounds on the internal and external be mended. It all comes down to, do you operate within the heart or the head? The heart makes life simple - whilst the head complicates things. The heart balances everything – whilst the head swings wildly like a metronome. The heart all encompasses – whilst the head divides and conquers and is comparative and competitive. The heart brings balanced ego – whilst the head swings it from low self-worth to braggard. The heart has inner approval – whilst the head seeks external approval. The heart soothes everything – whilst the head battles and rages. The heart brings calmness – whilst the head operates within the chaos realms. The heart knows when to let go of things – whilst the head holds on for dear life, often at great cost to the host. The heart doesn't run or hide – whilst the head does both. The heart cannot be retarded – whilst the head can. The heart loves – whilst the head operates and is filled with fears. The heart speaks in melodic tones – whilst the head speaks in forked tongues. The heart has the music of the spheres – whilst the head has static and filled with reptilian chatter. In anagram, the heart is Earth and becomes your law, the head or brain is in BAR and their law. Brainy is an anagram of binary, the heart is the trinary. The heart can and will be hurt but it rebounds, but it self-heals and becomes anew. The head can be hurt as well, but it never rebounds, it just crashes and then repeats the same programs. The heart brings more service to others, the head brings more service to self, why? because it can be controlled and if not checked, becomes someone else's head. The heart only belongs to you, it can't be controlled. These are the two choices we make, but isn't that a binary choice Thomas? Where is the trinary? It can be thought of that way, but a little pondering on it can change that perception again. When you complete your own sword, the head becomes one with the third eye and the heart. There is your trinary, like the worlds in essence, the two becomes three, and then becomes the one.

Immersion is judgement, overview is truth and the antidote to that is observe don't absorb. Immersion into the Matrix was a poor choice or a consent humanity made, that is why the overview outside of it brings so much clarity. We are not 1's and 0's the two part show we did revealed to you that, and all it takes is for you to remember, remember, remember. The binary system became the bindary in a perverse John Hopkins level of math, where numbers and things of true value were lost to us all. But the matrix code is simple to break, just add a number 2 to 9 and the matrix or the AI version cannot read that code. The code is to decode it and everything and reassemble it back out of time and into the progressive 12+1 system, not the closed 12 point Merkaba of the Time Matrix. Closed systems brings loops and stagnation and ultimately everything inside of it rots or dies. The open spiral systems brings in growth, expansion and more life. Immersion into a narrative brings personal connections to and with it, this then leads to a distortion of the facts or assumptions. For example, if you are in a wooded area, you can assume you are in a wood or a forest. You can't see the forest for the trees, but you can see the trees, but cannot know from your immersion into it, if it is a forest or not. You have to step out of the immersion in the trees and overview it, then the truth emerges whether it is a wooded area or a forest. The same applies to life

making decisions, people insert or immerse themselves into the topic or subject, which then makes it personal to them, once it becomes personal your decisions are based upon what is best for you, not the all. An example is a relationship, people from the outside tell you that it is not best for you, why? because they are on the outside of it and they can see more clearly. Whilst the person in the relationship cannot see the overview as they are immersed into the situation and the narrative. This is also a problem in problem solving, particularly in the realm of science. They are immersed in the problem or topic and so can only debate the effects, stepping away from it brings the overview and then you look at it from a causal aspect. All wisdom is gained from an overview aspect, immersion brings some intelligence, but never intellect which leads to wisdom. Immersion is judgement, overview is truth. With the blueprint having now circled the globe, don't expect an external path to jump out immediately, this will be a subtle internal path. That document was seeded with a frequency to travel far and wide, it has already had an effect, but on an internal level. Work is underway for the external aspect of it all, and updates will be forthcoming within the shows. We are finalizing certain aspects of the websites for contact forms and a phone line designated only for people to contact us and engage on the blueprint. Contacts for potential invites to other shows will also be made available. We will create a communal gathering for the Blueprint for people to share ideas, who to send to? I can help with delivering copy to? Work underway for a hand delivering trip, plus several prominent people to receive a pdf. A path is now being defined and moving onto the next stage now. With the blueprint seed planted and now it will grow organically. It is our great hope we can manifest this into full reality. Hope is the avenue of the light.